



# volunteer opportunities

## CONTINUING CARE SERVICES

### Kaiser Permanente Services

Continuing Care Services .....	619-641-4456
Home Health.....	619-641-4669
Hospice.....	619-641-4669
Hospital .....	619-528-5191

### Community Services

*This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

Foster Grandparent Program.....	619-231-2828
Hands on San Diego Search calendar for volunteer projects <a href="http://www.handsonsandiego.org">www.handsonsandiego.org</a>	
Helen Woodward Animal Center..... (Animeals, Pet Encounter Therapy) <a href="http://www.animalcenter.org">www.animalcenter.org</a>	858-756-4117
JFS Volunteer Services..... <a href="http://www.jfssd.org">www.jfssd.org</a>	858-637-3050
OASIS Tutoring Program San Diego.....	619-881-6262
North County..... <a href="http://www.oasisnet.org">www.oasisnet.org</a>	760-796-6020
Retired Senior Volunteer Program (RSVP)..... <a href="http://www.sdcounty.ca.gov/hhsa/programs/ais/volunteers">www.sdcounty.ca.gov/hhsa/programs/ais/volunteers</a>	858-505-6399
VolunteerMatch Search for volunteer projects that match your interests <a href="http://www.volunteermatch.org">www.volunteermatch.org</a>	

For corrections or additions to this handout, please call (619) 641-4456

<http://continuingcare-sandiego.kp.org>

