



volunteer opportunities

CONTINUING CARE SERVICES

Kaiser Permanente Services

- Continuing Care Services 619-641-4456
- Home Health..... 619-641-4663
- Hospice..... 619-641-4100
- Hospital 619-528-5191

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- Foster Grandparent Program(ext 4) 619-231-2828
- Hands on San Diego
 - Search calendar for volunteer projects
 - www.handsonsandiego.org
- Helen Woodward Animal Center.....858-756-4117
(Animeals, Pet Encounter Therapy)
www.animalcenter.org
- JFS Volunteer Services.....858-637-3050
www.jfssd.org
- OASIS Tutoring Program
 - San Diego..... 619-881-6262
 - North County..... 760-796-6020
 - www.oasisnet.org
- Retired Senior Volunteer Program (RSVP)..... 858-505-6399
www.sdcounty.ca.gov/hhsa/programs/ais/volunteers
- VolunteerMatch
 - Search for volunteer projects that match your interests
 - www.volunteermatch.org

For corrections or additions to this handout, please call (619) 641-4456