



transportation

CONTINUING CARE SERVICES

Community Services

Non-emergent transportation is not a Kaiser Permanente benefit. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members may contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- 55 Alive (AARP Driver Safety Program classes) 619-641-7020
- American Cancer Society “Road to Recovery” 619-299-4200
(patients must be able to walk; MD verification and one week advance notice required)
www.cancer.org
- CommConnect Transportation (92101-92103, 92113, 92114) 619-858-0563
www.bamecdc.org/community-transportation
- FACT (Facilitating Access to Coordinated Transportation)..... 888-924-3228
www.factsd.org
- iCommute (formerly Ride Link Program) 511
(Carpool matching; info on transit, van-pooling, bicycling, walking, HOV lanes, Park & Ride lots)
www.icommutesd.com
- MTS Access (ADA para transit services) certification 844-299-6326
 Schedule a ride 888-517-9627
 NCTD LIFT (schedule a ride in north county) 760-726-1111
www.sdmts.com/MTS/MTS_Access.asp
- On The Go – Rides & Smiles (JFS)..... 877-634-6537
www.jfssd.org/site/PageServer?pagename=programs_older_on_the_go
- Peninsula Shepherd Center (92106, 92107 & part 92110)..... 619-223-1640
- Regional Transit Information (bus schedules)..... 619-233-3004
 North County 511
www.sdcommute.com
- Rides4Neighbors (La Mesa residents + 92119)..... 619-667-1321
www.cityoflamesa.com/DocumentView.asp?DID=619

<http://continuingcare-sandiego.kp.org>



San Diego Metropolitan Transit System (MTS)	511
Central and South County	619-233-3004
North County	760-966-6500
Transit Store (lost & found, passes & tokens).....	619-234-1060
TTY/TDD (<i>hearing impairments</i>).....	619-234-5005
North County	888-722-4889
<i>www.sdmts.com</i>	
SenioRide Program (Travelers Aid San Diego).....	619-295-8393
Covers central, north and south San Diego County	
Seniors A Go Go (ElderHelp of San Diego).....	619-284-9281
(Escorted; San Diego and some East County)	
<i>www.elderhelpofsandiego.org</i>	
VA Volunteer Program (for veterans).....	858-552-7470
North County Resources:	
Carlsbad Senior Center Mini Bus.....	760-602-4650
Del Mar Community Connection	858-792-7565
<i>http://DMCC.CC</i>	
Escondido Senior Service Council	760-480-0611
NCTD LIFT Transportation.....	760-726-1111
On The Go--Shuttles, Excursions, Rides & Smiles (JFS).....	877-634-6537
<i>www.jfssd.org/site/PageServer?pagename=programs_older_on_the_go</i>	
San Diego Rural Bus.....	800-858-0291
(<i>Borrego Springs, El Cajon, Julian, Ramona</i>)	
Solutions for Seniors on the Go (Oceanside)	760-435-5253
<i>www.ci.oceanside.ca.us/gov/ns/parks/senior/transit.asp</i>	
Vista Out & About (<i>92081, 92083, 92084</i>).....	760-639-6161

Wheelchair and Gurney Vans:

All of the van providers below encourage reservations in advance. Service is on a first come, first serve basis. Since transportation is not a Kaiser Permanente benefit, members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services. Kaiser Permanente does not endorse or recommend any one provider.

** Can provide Gurney Van transport as well as Wheel Chair van*

CARE (gurney only)	858-653-4500
San Diego Medical Transport	619-531-8900
Supreme Medical *	619-508-8560
TLC Transport *	619-284-7433

Helpful Terms

Gurney Van Transport

Private pay non-emergency transportation on a gurney (stretcher).

Wheelchair Van Transport

Private pay non-emergency transportation in a wheelchair.

For corrections or additions to this handout, please call (619) 641-4456