Community Services

Non-emergent transportation is not a Kaiser Permanente benefit. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members may contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

511 Traffic and transit information for San Diego County …………… 511
www.511sd.com

AARP Smart Driver online course
https://www.aarpdriversafety.org

American Cancer Society “Road to Recovery” ……………………… 800-227-2345
Patients must be able to walk; MD verification & one-week advance notice

Del Mar Community Connection ……………………………………….. 858-792-7565
http://DMCC.CC

Escondido Senior Service Council (taxi voucher) ………………….. 760-480-0611
https://escondido-senior-services.org/services/taxi-vouchers/

FACT (Facilitating Access to Coordinated Transportation)………….. 888-924-3228
www.factsd.org

Foundation for Senior Care – Care Van transportation …………… 760-723-7570
Serving Fallbrook and northern San Diego County
https://foundationforseniorcare.org/our-services/senior-transportation-care-van/

GoGo Grandparent (on demand transportation service) ………….. 855-464-6872
https://gogograndparent.com

iCommute (formerly Ride Link Program)
Carpool matching; info on transit, van-pooling, bicycling, walking, HOV lanes,
Park & Ride lots
www.icommutesd.com

http://continuingcare-sandiego.kp.org
Metropolitan Transit System (trolley, bus & rail information) .......... 619-233-3004
Compass Card and Compass Cloud ........................................ 619-595-5636
MTS Access (ADA para transit services) certification ................. 844-299-6326
Schedule a ride ............................................................... 888-517-9627
Transit Store (lost & found, passes & tokens) ....................... 619-234-1060
TTY/TDD (hearing impairment) ......................................... 619-234-5005
North County (information and trip planning ) ....................... 888-722-4889
www.sdmts.com

North County Transit District (NCTD) ................................. 760-966-6500
Breeze – north county bus system
Coaster – commute train runs north - south, Oceanside to San Diego
Flex – on-demand ride to nearest transfer point for Breeze, Coaster & Sprinter
Sprinter – light rail train runs east – west, Escondido to Oceanside
LIFT Transportation, ADA paratransit, (schedule a ride) ......... 760-726-1111
https://www.gonctd.com/services/lift-paratransit/#

On The Go – Rides & Smiles (JFS) become a rider ............... 858-637-3210
Request a ride ..................................................................... 858-637-7320
https://jfssd.org/our-services/older-adults/on-the-go-transportation-solutions-for-older-adults/

Peninsula Shepherd Center (92106, 92107 & part 92110) ......... 619-223-1640

Renewing Life Senior Transportation ................................... 619-517-3239
www.renewinglife4sd.com (South County mostly, but call for your area)

Rides4Neighbors (La Mesa and East County residents) ........... 619-667-1321
http://www.cityoflamesa.com/991/Rides4Neighbors

SenioRide Program (Travelers Aid San Diego) ....... ext. 314..... 619-295-8393
Covers central, north, and south San Diego County
www.travelersaidsandiego.org

Seniors A Go Go (ElderHelp of San Diego) ....................... 619-284-9281
Escorted; San Diego and some East County
https://www.elderhelpofsandiego.org/solutions-for-living/seniors-a-go-go/

Solutions for Seniors on the Go (Oceanside) ....................... 760-435-5155
www.ci.oceanside.ca.us/gov/ns/parks/senior/transit.asp

VA Volunteer Program (for veterans 18+) .......................... 858-552-7470

Vista Out & About (92081, 92083, 92084) ......................... 760-639-6161

All the van providers below encourage reservations in advance. Service is on a first come, first serve basis.
Since transportation is not a Kaiser Permanente benefit, members are strongly encouraged to contact providers
and agree upon an acceptable rate before receiving services. Kaiser Permanente does not endorse or
recommend any one provider.

Wheelchair and Gurney Vans:
*Can provide Gurney Van transport as well as Wheelchair van

Black Tiger Transportation * ....................................... 619-457-0577
http://btmedtransport.com/
CARE (gurney only) ............................................................ 858-653-4500
San Diego Medical Transport ........................................... 619-531-8900
Supreme Medical * .......................................................... 619-508-8560
TLC Transport * ............................................................. 619-284-7433

Helpful Terms

Gurney Van Transport
Private pay non-emergency transportation on a gurney (stretcher).

Wheelchair Van Transport
Private pay non-emergency transportation in a wheelchair.

For corrections or additions to this handout, please call (619) 641-4456