



substance abuse

CONTINUING CARE SERVICES

Kaiser Permanente Services

- Addiction Medicine.....619-221-6550
- Department of Psychiatry.....877-496-0450

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- 2-1-1 San Diego 211
 - For the most current shelter and rehab availability and info 800-227-0997
 - www.211sandiego.org
- Al-Anon Family Groups..... 619-296-2666
 - www.alanonsandiego.org 800-690-2666
- Alcohol & Drug Services (San Diego County) 888-724-7240
 - <https://up2sd.org>
- Alcoholics Anonymous
 - San Diego..... 619-265-8762
 - <http://aasandiego.org>
 - North County 760-758-2514
 - <https://ncsandiegoaa.org>
- California Association of Alcohol and Drug Program Executives, Inc.
 - www.caadpe.org
- California Department of Health Care Services
 - Substance Use Disorder Services – Alcohol and other drug programs
 - www.dhcs.ca.gov/individuals/Pages/MentalHealthPrograms-Ind.aspx
- Cocaine Anonymous..... 866-242-2248
 - www.casandiego.org
- Codependents Anonymous..... 619-222-1244
 - www.sdccoda.org
- CRC Health Group (Methadone maintenance, Detoxification, Antabuse) 877-637-6237
 - East Clinic.....619-579-8373

<http://continuingcare-sandiego.kp.org>



CRC Health Group continued
 3rd Avenue Clinic..... 855-405-6918
 North Clinic.....760-744-2104
www.crchealth.com

Food Addicts in Recovery Anonymous
www.foodaddicts.org

Gamblers Anonymous (San Diego Hotline)..... 855-222-5542
 National Hotline..... 888-233-8547
www.gamblersanonymous.org

McAlister Institute for Treatment & Education, Inc..... 619-442-0277
 North Inland Women and Adolescent Recovery Center 760-761-0515
 Regional Recovery Centers
 East County 619-440-4801
 North Central 858-384-6284
 South Bay..... 619-691-8164
 South Bay Women’s Recovery Center 619-336-1226
www.mcalisterinc.org/services/programs

Narcotics Anonymous..... 800-479-0062
<http://sandiegona.org>Spanish..... 619-546-0774

NAR-ANON Family Groups Southern California Region
www.naranoncalifornia.org/socal

National Clearinghouse for Alcohol & Drug Information 800-662-4357
www.samhsa.gov

Overeaters Anonymous..... 619-521-2538
www.oasandiego.org

Pathfinders of San Diego, Service Center..... 619-260-1605
www.pathfindersrecovery.org

Rational Recovery
www.rational.org/recovery

Rethinking Drinking Alcohol and Your Health (Nat’l Institute of Health)
www.rethinkingdrinking.niaaa.nih.gov

Salvation Army ARC (drug & alcohol rehabilitation) 619-239-4037

Stepping Stones (alcohol & drug program for the gay & lesbian community)
 Resident Program..... 619-278-0777
www.steppingstonesd.org

Volunteers of America Detox Center..... 619-232-9343

Veterans Village of San Diego (referrals) 619-393-2000
www.vvvsd.net

Women for Sobriety
www.womenforsobriety.org

For corrections or additions to this handout, please call (619) 641-4456