



stroke clubs & brain injury

CONTINUING CARE SERVICES

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ACCESS TO INDEPENDENCE..... 619-293-3500

Gray Matters Brain Injury Support Group. Requests for disability-related accommodations should be made at least 7 working days prior to meeting.
8885 Rio San Diego Dr., Ste. 131, San Diego, 92108
www.a2isd.org

DISABILITY SUPPORT PROGRAMS & SERVICES..... 619-388-4944

Acquired brain injury classes for adults. Call for details.
SD Community College District Continuing Education

GRAY MATTERS BRAIN INJURY SUPPORT GROUP

1309 Camino Del Mar (Del Mar Library).
www.graymatters4u.com

SAN DIEGO BRAIN INJURY FOUNDATION619-294-6541

www.sdbif.org

SD REHABILITATION INSTITUTE (SDRI)..... 619-229-7362

Comebacker's Neuro Club, a support and recreational group for family members and survivors of stroke or brain injury.
6645 Alvarado Road, San Diego

SCRIPPS PROGRAMS OPEN TO THE COMMUNITY

Brainmasters: Brain Injury Support Group 760-633-6709

354 Santa Fe Dr., Encinitas (Scripps Hospital Encinitas)

Healing Arts Class and Support Group

Enjoy self-expression through art, increase art skills, or develop a new interest.

Brain Injury Treatment Room 354 Santa Fe Dr., Encinitas

Stroke and Brain Injury Education and Support 800-727-4777

354 Santa Fe Dr., Encinitas (Scripps Hospital Encinitas) 760-633-6709

237 Church Ave., Chula Vista (Scripps Well Being Center) 619-862-6611

S.T.A.R. (Stand Together and Recover) & Parkinson's Program

A support and practice group, led by a speech professional, helps adults with communication difficulties resulting from stroke.

Scripps Mercy Well Being Center: 237 Church St., Chula Vista 619-862-6652

San Diego Campus 619-260-7161

<http://continuingcare-sandiego.kp.org>



KAISER PERMANENTE®

- SHARP GROSSMONT COMMUNICATION GROUP 619-740-4100
 Communication Group focuses on speech and language difficulties
 offered by speech therapy department.
- SHARP GROSSMONT STROKE SUPPORT GROUP 619-740-4104
 Aquatics and gentle fitness.
- SHARP MEMORIAL RECREATION THERAPY DEPT (YESS) 858-939-3048
 Young Enthusiastic Stroke Survivors. Group for stroke & head injury
 individuals and their families, no fee.
 2999 Health Center Dr., San Diego
- PALOMAR COM. COLLEGE'S ADAPTIVE LIVING SKILLS (ABI) 760-744-1150
 1951 E. Valley Parkway, Escondido x2375
- PALOMAR MEDICAL CENTER 760-739-3000
 Palomar/Pomerado Referral Service 800-628-2880
 Stroke Communication Group. Provides support for stroke survivors
 and their loved ones.
 555 E. Valley Parkway, Escondido

For corrections or additions to this handout, please call (619) 641-4456