This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

SAN DIEGO COUNTY SENIOR CENTERS

Offer programs for socialization. Structured activities are provided for ambulatory senior adults. Transportation is usually not provided. Costs are not covered by insurance, private pay only. Fees on sliding scales or scholarships may be available.

CENTRAL SAN DIEGO

BALBOA PARK SENIOR LOUNGE…………………………………………………………619-236-0262
Casa Del Prado, Room 105, San Diego, CA 92101
www.balboapark.org/in-the-park/balboa-park-senior-lounge

# BAYSIDE COMMUNITY CENTER……………………………………………………….858-278-0771
2202 Comstock St., San Diego, CA 92111
www.baysidecc.org

#* COLLEGE AVE OLDER ADULT CTR (JFS) kosher meals served …….619-583-3300
4855 College Ave., San Diego, CA 92115
www.jfssd.org/caoac

CORONADO SENIOR CENTER (meal last Weds in the month) ………619-435-2616
1019 Seventh Street, Coronado, CA 92118
http://coronadoseniorcenter.org

#* GARY & MARY WEST SENIOR WELLNESS CENTER …………………619-235-6538
1525 4th Avenue, San Diego, CA 92101
www.servingseniors.org/west-wellness-center

# GEORGE L. STEVENS SENIOR CENTER ………………………………………619-266-2066
570 65th Street, San Diego, CA 92114
www.fdsrc.org

LA JOLLA COMMUNITY CENTER…………………………………………………………858-459-0831
6811 La Jolla Blvd , La Jolla, CA 92037
www.ljcommunitycenter.org

http://continuingcare-sandiego.kp.org
CENTRAL SAN DIEGO (continued)

LA JOLLA FIREHOUSE YMCA ................................................................. 858-551-9622
7877 Herschel Ave, La Jolla, CA 92037

LAWRENCE FAMILY JEWISH COMMUNITY CENTER ..................858-457-3030
4126 Executive Dr., La Jolla, CA 92037
www.lfjcc.org

#* MIRA MESA SENIOR CENTER (Verne Goodwin) .......................858-578-7325
Closed for remodeling until July 1, 2016
8460 Mira Mesa Blvd., San Diego, CA 92126

#* NEIGHBORHOOD HOUSE ........................................................... 619-263-2108
795 South Boundary Street, San Diego, CA 92113
www.neighborhoodhouse.org

OASIS (Education Center Only) ......................................................... 619-881-6262
Macy’s - 3rd Floor - 1702 Camino Del Rio No., San Diego, CA 92108
www.oasisnet.org

PENINSULA SHEPHERD’S CENTER ....................................................... 619-223-1640
1475 Catalina Blvd. San Diego, CA 92107
www.sdpsc.org

# SHERMAN HEIGHTS COMMUNITY CENTER (Tues & Thurs) .........619-232-5181
2258 Island Ave., San Diego, CA 92102

ST. DAVID’S SENIOR ACTIVITY CENTER ........................................... 619-276-4567
5050 Milton Street, San Diego, CA 92110

# UNIVERSITY CITY OLDER ADULT CENTER (JFS) ....................858-550-5998
9001 Towne Centre Dr., San Diego, CA 92122
www.jfssd.org/ucoac
   (Lunch Tue., Wed., Thur. only)

EAST COUNTY

# * ALPINE COMMUNITY CTR (lunch Weds & Thurs) ....................619-445-7330
1830 Alpine Blvd, Alpine, CA 91901
http://alpinecommunitycenter.com

# LAKESIDE COMMUNITY CENTER .................................................. 619-443-9176
9841 Vine Street, Lakeside, CA 92040

# LA MESA ADULT ENRICHMENT CENTER ...................................... 619-667-1322
8450 La Mesa Blvd., La Mesa, CA 91941

#* SALVATION ARMY SENIOR NUTRITION PROGRAM ..................619-440-2457
1011 East Main, El Cajon, CA 92021
   ext 413

WELLS PARK COMMUNITY CENTER .................................................. 619-441-1680
1153 East Madison Ave., El Cajon, CA 92021

SOUTH BAY

# CASA DE SERVICIOS (lunch Weds only) .................................619-423-1902
1188 Beyer Way, Ste. 101, San Diego, CA 92154
   (Lunch on Wed. only)

# Nutrition Site, * Home delivered meals
Updated 3/2016
SOUTH BAY (continued)

**IMPERIAL BEACH SR. CTR.** ................................................. 619-424-7077
1075 Eight Street, Imperial Beach, CA 91932

**KIMBALL SENIOR CENTER.** .................................................. 619-336-6760
1221 D Ave, National City, CA 91950
(Activity only)

**#* LEMON GROVE SENIOR CENTER.** ........................................ 619-337-1425
8235 Mt. Vernon Street, Lemon Grove, CA 91945

**NORMAN PARK SENIOR CTR.** .................................................. 619-691-5086
270 F Street, Chula Vista, CA 91910

**SAN YSIDRO SENIOR CTR.** .................................................. 619-424-0468
125 East Park Ave, San Ysidro, CA 91973

**# SPRING VALLEY COMMUNITY CENTER.** ................................. 619-479-1832
8735 Jamacha Blvd, Spring Valley, CA 91977

**NORTH COUNTY**

**#* CARLSBAD SENIOR CENTER.** ............................................. 760-602-4650
799 Pine Ave, Carlsbad, CA 92008

**ED BROWN SENIOR CENTER.** ................................................. 858-487-9324
18402 West Bernardo Drive, San Diego, CA 92127
www.edbrowncenter.org

**# ENCINITAS SENIOR CENTER.** .................................................. 760-943-2250
1140 Oakcrest Park Dr., Encinitas, CA 92024

**# ESCONDIDO (Park Avenue Community Center)** .......................... 760-839-4688
210 Park Ave., Escondido, CA 92025
www.escondido.org/joslyn-senior-center.aspx

**#* FALSBROOK SENIOR CENTER.** ............................................. 760-728-4498
399 Heald Lane, Fallbrook, CA 92028

**#* GLORIA E. McCLELLAN SENIOR CENTER.** .................................. 760-639-6160
1400 Vale Terrace Dr., Vista, CA 92084

**#* NORTH COUNTY INLAND CENTER (JFS)** ................................. 858-674-1123
15905 Pomerado Rd, Poway, CA 92064
www.jfssd.org/ncioac
(Lunch on Mon, Tues, Weds only)

**OASIS** (Education Only) .................................................... 760-796-6020
210 Park Ave., Escondido, CA 92025 (Joslyn Senior Ctr)
www.oasisnet.org

**#* OCEANSIDE SENIOR CENTER.** ............................................. 760-435-5250
455 Country Club Lane, Oceanside, CA 92054

**#* POWAY SENIOR CENTER.** .................................................. 858-748-6094
13094 Civic Center Dr., Poway, CA 92064

# Nutrition Site, * Home delivered meals
Updated 3/2016
NORTH COUNTY (continued)

#* RAMONA SENIOR CENTER ................................................................. 760-789-0440
434 Aqua Lane, Ramona, CA  92065
www.ramonaseniorcenter.com

# SAN MARCOS SENIOR CENTER ......................................................... 760-744-5535
111 West Richmar Ave., San Marcos, CA  92069

# SOLANA BEACH SENIOR CENTER (SB Presbyterian Church)…… 858-509-2587
120 Stevens Ave., Solana Beach, CA  92075
(Lunch on Wed. only)