



# Same Day Clinics

## CONTINUING CARE SERVICES

### KAISER PERMANENTE PHONE NUMBERS

**ADVICE NURSE (KP On-Call – 24 hours 7 days a week)** ..... 888-576-6225

**APPOINTMENT CENTER:** .....800-290-5000

*Monday-Sunday 7AM – 7PM*

Same Day Appointments available with primary care physician for unexpected needs. For best selection, call Appointment Center when it opens at 7AM.

**BEHAVIORAL HEALTH CARE HELPLINE (24/7)** ..... 800-900-3277

**MEMBER SERVICES (English)** ..... 800-464-4000

**(Cantonese & Mandarin)** ..... 800-757-7585

**(Spanish)** ..... 800-788-0616

**(TTY for hearing & speech impaired)** ..... 800-777-1370

*Monday-Friday 7AM – 7PM, Saturday-Sunday 7AM – 3PM*

### TARGET WALK-IN CLINICS

*Monday-Friday 9AM – 6:30PM, Saturday-Sunday 11AM – 4:30PM*

See NP for coughs, colds, UTIs and some vaccines

Chula Vista – 1240 Broadway, Chula Vista, CA 91911 ..... 619-498-1797

Mission Valley – 1288 Camino del Rio No, SD, CA 92108 ..... 619-491-0570

Santee – 9846 Mission Gorge Rd, San Diego, CA 92108 ..... 619-449-0458

Vista – 1751 University Dr., Vista, CA 92083 ..... 760-639-5305

### URGENT CARE WALK-IN CLINICS

*Monday-Friday 10AM – 8PM, Saturday-Sunday 9AM – 5PM*

La Mesa – 8080 Parkway Dr, La Mesa, CA 91942

Otay Mesa – 4650 Palm Ave, San Diego, CA 92154

San Diego Medical Center – 9455 Clairemont Mesa Blvd, S.D., CA 92123

San Marcos – 400 Craven Rd, San Marcos, CA 92078

### NURSES CLINICS

*Monday-Friday 8:30AM – 12:15PM & 1:30PM – 4:30PM*

Services include: Antibiotic IV Procedure, Blood Pressure Check, Dressing Change, Ear Wash, Immunization, Phlebotomy, Skin Test (Tb), Throat Culture (no physician services)

Bonita – 3955 Bonita Rd, Bonita, CA 91902

*(closed Wed 1:30 pm – 4:30 pm)*

<http://continuingcare-sandiego.kp.org>



## **Nurses Clinics continued**

Bostonia – 1630 East Main St, El Cajon, CA 92021

Carlsbad – 6860 Avenida Encinas, Carlsbad, CA 92011  
*(closed Wed 1:30 pm – 4:30 pm)*

Carmel Valley – 3851 Shaw Ridge Rd, San Diego, CA 92130

Clairemont – 7060 Clairemont Mesa Blvd, San Diego, CA 92111

Escondido – 732 North Broadway, Escondido, CA 92025

La Mesa – 8080 Parkway Dr, La Mesa, CA 91942  
*(open Sat & Sun 8:30 am – 11:30 am)*

Oceanside – 1302 Rocky Point Dr, Oceanside, CA 92056  
*(closed Wed 1:30 pm – 4:30 pm)*

Otay Mesa – 4650 Palm Ave, San Diego, CA 92154  
*(open Sat & Sun 8:30 am – 11:30 am)*

Point Loma – 3250 Fordham St, San Diego, CA 92110  
*(closed Wed 1:30 pm – 4:30 pm)*

Rancho Bernardo – 17140 Bernardo Center Dr, San Diego, CA 92128

Rancho San Diego – 3875 Avocado Blvd, La Mesa, CA 91941  
*(closed Wed 1:30 pm – 4:30 pm)*

San Marcos – 400 Craven Rd, San Marcos, CA 92078  
*(open Sat & Sun 8:30 am – 11:30 am)*

Vandever – 4405 Vandever Ave, San Diego, CA 92120  
*(open Sat & Sun 8:30 am – 11:30 am)*

*For corrections or additions to this handout, please call (619) 641-4456*