



medical illness & disability

CONTINUING CARE SERVICES

Kaiser Permanente Services

Breast Cancer Support Group.....	619-641-4456
Breast Care Call Center (Diagnostic appointments, imaging)	866-459-2642
Breast Prostheses (Replacements only, DME)	855-805-7363
Continuing Care Services.....	619-641-4456
Diabetes Type I Support Group	619-641-4564
Flu Shot Clinic Information Line	866-706-6358
HIV Support Group.....	619-641-4456
HIV Information, Education & Testing	877-236-0333
Health Education (General Information).....	619-641-4194
Making Today Count (Cancer Support Group).....	619-641-4456
The Rose Program.....	858-616-5002

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Access to Independence.....	619-293-3500
North County.....	800-976-2776
www.a2isd.org	

AIDS Information: Please see HIV/AIDS Resources handout on our website:
<http://xnet.kp.org/sandiego/ccs>

ALS Association.....	858-271-5547
www.alsasd.org	

Alzheimer’s Association 24/7 helpline	800-272-3900
www.alz.org	

Alzheimer’s San Diego	858-492-4400
www.alzsd.org	

<http://continuingcare-sandiego.kp.org>



- American Diabetes Association..... 619-234-9897
www.diabetes.org
- American Heart Association (Stroke Club & Mended Hearts).....858-410-3850
www.americanheart.org
- American Liver Foundation.....619-291-5483
www.liverfoundation.org
- American Lung Association..... 619-297-3901
www.lung.org/associations/states/california
- American Red Cross.....619-542-7400
www.redcross.org/ca/san-diego
- Amputee Coalition of America888-267-5669
www.amputee-coalition.org
- Amputees In Motion (AIM)..... 858-454-9300
- ARC of San Diego (Developmental Disabilities)..... 619-685-1175
 North Shores Vocational Center858-715-3780
www.arc-sd.com
- Arthritis Foundation..... 800-422-8885
 San Diego 858-492-1090
www.arthritis.org
- Behavioral Diabetes Institute 858-336-8693
<http://behavioraldiabetesinstitute.org>
- Blind/Visually Impaired Services:**
- Blind Community Center of San Diego (includes talking books).. 619-298-5021
www.bccsd.org
- Braille Institute of America (includes talking books) 858-452-1111
www.brailleinstitute.org
- Radio Reading Service.....619-594-8170
www.kpbs.org/radio/reading-service
- San Diego Center for the Blind (and vision impaired) 619-583-1542
 North County 760-758-5956
www.sdcdb.org
- California State Dept. of Rehab619-767-2100
 7575 Metropolitan Dr., Suite 107, San Diego, CA 92108
www.dor.ca.gov
- Cancer Information:** Please see Cancer Resources handout on our website:
<http://continuingcare-sandiego.kp.org>
- Cleaning For A Reason Foundation (free cleaning service for women cancer patients currently under treatment)
www.cleaningforareason.org

Challenge Center.....	619-667-8644
<i>www.challengecenter.org</i>	
Council of Community Clinics.....	619-542-4300
<i>www.ccc-sd.org</i>	
San Ysidro Health Clinic	619-662-4100
<i>www.syhc.org</i>	
Crohn's and Colitis Foundation of America.....	619-497-1300
<i>www.cdfa.org</i>	
	800-932-2423
Cystic Fibrosis Center (UCSD Adult CF Program)	858-657-7073
Deaf/Hearing Impaired Services:	
CA Telephone Access Program (equipment through DDTP)	800-806-1191
<i>http://ddtp.cpuc.ca.gov</i>	
Deaf and Disabled Services (California Relay Services)	800-735-2922
Deaf Community Services of San Diego, Inc.	619-398-2441
<i>www.deafcommunityservices.org</i>	
Down's Syndrome Society (National).....	800-221-4602
<i>www.ndss.org</i>	
Epilepsy Foundation San Diego County.....	619-296-0161
<i>www.epilepsysandiego.org</i>	
Facial Paralysis & Bell's Palsy Foundation (local support group)	
<i>www.facialparalysisfoundation.org</i>	
Hemophilia Association of SD County	619-325-3570
<i>www.hasdc.org</i>	
Infoline of San Diego.....	211
Outlying Areas Only.....	800-227-0997
<i>www.211sandiego.org</i>	
	858-300-1211
International Foundation for Functional GI Disorders.....	888-964-2001
<i>www.iffgd.org</i>	
Kidney Foundation (National).....	800-747-5527
<i>www.kidneysocal.org</i>	
Lupus Foundation of Southern California	858-278-2788
<i>www.lupussocal.org</i>	
Medic Alert Foundation	888-633-4298
Medic Alert + Alz. Assoc. Safe Return	888-572-8566
<i>www.medicalert.org</i>	
Multiple Sclerosis Society (National)	800-486-6762
<i>www.mssd.org</i>	
	760-448-8400
Muscular Dystrophy Association.....	858-492-9792
<i>www.mda.org</i>	
	800-572-1717

Myasthenia Gravis Foundation of California	800-574-7884
Support Group	858-822-9989
www.myasthenia-ca.org	
National Alliance for the Mentally Ill (NAMI-SD).....	619-543-1434
www.namisandiego.org	800-523-5933
Ostomy Associations:	
Ostomy Association of Southern California	
www.ostomysocal.org	
United Ostomy Associations of America	619-223-2966
www.uoa.org	800-826-0826
Parkinson’s Association of San Diego	858-273-6763
www.parkinsonsassociation.org	877-737-7576
PAWS (Pets are Wonderful Support).....	619-297-7297
www.pawssdc.org	
Poison Center System, California	800-222-1222
www.calpoison.org	
ReMend (no cost mentoring to families and those affected by kidney disease)	
http://sdremend.com	
San Diego Brain Injury Foundation.....	619-294-6541
www.sdbif.org	
San Diego Regional Center (for the developmentally disabled)	858-576-2996
Intake Line.....	858-576-2938
www.sdrc.org	
Southern Caregiver Resource Center.....	800-827-1008
www.caregivercenter.org	858-268-4432
Spina Bifida Association	800-621-3141
www.sbaa.org	
Tourette Syndrome Association (National)	
www.tsa-usa.org	
United Cerebral Palsy of San Diego County	858-571-7803
www.ucpsd.org	
WomenHeart (cardiac support meeting for women; call for info)	714-655-9194
www.WomenHeart.org	

For corrections or additions to this handout, please call (619) 641-4456