



medical illness & disability

CONTINUING CARE SERVICES

Kaiser Permanente Services

Breast Cancer Support Group.....	619-641-4456
Breast Care Call Center (Diagnostic appointments, imaging)	866-459-2642
Breast Prostheses (Replacements only, DME)	855-805-7363
Center for Healthy Living (General Information)	619-641-4194
Continuing Care Services.....	619-641-4456
Diabetes Type 2 Support Group	619-641-4564
Flu Shot Clinic Information Line	866-706-6358
HIV Support Group.....	619-641-4456
HIV Information, Education & Testing	877-236-0333
Making Today Count (Cancer Support Group).....	619-641-4456
The Rose Program.....	858-616-5002
Women's Cancer Support Group	619-641-4456

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Access to Independence.....	619-293-3500
North County.....	800-976-2776
www.a2isd.org	

AIDS Information: Please see HIV/AIDS Resources handout on our website:
<http://continuingcare-sandiego.kp.org>

ALS Association.....	858-271-5547
www.alsasd.org	
Alzheimer's Association 24/7 helpline	800-272-3900
www.alz.org	

<http://continuingcare-sandiego.kp.org>



Alzheimer's San Diego	858-492-4400
<i>www.alzsd.org</i>	
American Diabetes Association	619-234-9897
<i>www.diabetes.org</i>	800-342-2383
American Heart Association (Stroke Club & Mended Hearts).....	858-410-3850
<i>www.americanheart.org</i>	
American Liver Foundation.....	619-291-5483
<i>www.liverfoundation.org</i>	800-465-4837
American Lung Association.....	619-297-3901
<i>www.lung.org/about-us/local-associations/california.html</i>	800-586-4872
American Red Cross.....	619-542-7400
<i>www.redcross.org/local/california/san-diego</i>	858-309-1200
Amputee Coalition of America	888-267-5669
<i>www.amputee-coalition.org</i>	
Amputees In Motion (AIM)	858-454-9300
ARC of San Diego (Developmental Disabilities).....	619-685-1175
North Shores Vocational Center	858-715-3780
<i>www.arc-sd.com</i>	
Arthritis Foundation.....	800-422-8885
San Diego	858-492-1090
<i>www.arthritis.org</i>	
Behavioral Diabetes Institute	858-336-8693
<i>http://behavioraldiabetesinstitute.org</i>	
Blind/Visually Impaired Services:	
Access to Independence	619-293-3500
Older Individuals who are Blind Program (or low vision)	
<i>www.a2isd.org</i>	
Blind Community Center of San Diego	619-298-5021
<i>www.bccsd.org</i>	
Braille Institute of America (includes talking books)	858-452-1111
<i>www.brailleinstitute.org</i>	
Radio Reading Service.....	619-594-8170
<i>www.kpbs.org/radio/reading-service</i>	
San Diego Center for the Blind (and vision impaired)	619-583-1542
North County	760-758-5956
<i>www.sdcb.org</i>	
California State Dept. of Rehab	619-767-2100
7575 Metropolitan Dr., Suite 107, San Diego, CA 92108	
<i>www.dor.ca.gov</i>	
Cancer Information: Please see Cancer Resources handout on our website:	
<i>http://continuingcare-sandiego.kp.org</i>	

Cleaning For A Reason Foundation (free cleaning service for women cancer patients currently under treatment) <i>www.cleaningforareason.org</i>	
Challenge Center..... <i>www.challengecenter.org</i>	619-667-8644
Crohn's and Colitis Foundation <i>www.cdfa.org</i>	619-497-1300 800-932-2423
Cystic Fibrosis Center (UCSD Adult CF Program)	858-657-7073
Deaf/Hearing Impaired Services:	
CA Telephone Access Program (equipment through DDTP) <i>http://ddtp.cpuc.ca.gov</i>	800-806-1191
Deaf and Disabled Services (California Relay Services)	800-735-2922
Deaf Community Services of San Diego, Inc. <i>www.deafcommunityservices.org</i>	619-398-2441
Down's Syndrome Society (National)..... <i>www.ndss.org</i>	800-221-4602
Epilepsy Foundation San Diego County..... <i>www.epilepsysandiego.org</i>	619-296-0161
Facial Paralysis & Bell's Palsy Foundation (local support group) <i>www.facialparalysisfoundation.org</i>	
Health Center Partners of Southern California (community clinics) .. <i>http://hcpsocal.org</i>	619-542-4300
Hemophilia Association of SD County	619-325-3570
<i>www.hasdc.org</i>	
Infoline of San Diego.....	211
Outlying Areas Only..... <i>www.211sandiego.org</i>	800-227-0997 858-300-1211
International Foundation for Functional GI Disorders..... <i>www.iffgd.org</i>	888-964-2001
Kidney Foundation (National)..... <i>www.kidneysocal.org</i>	800-747-5527
Lupus Foundation of Southern California	858-278-2788
<i>www.lupussocal.org</i>	
Medic Alert Foundation	888-633-4298
Medic Alert + Alz. Assoc. Safe Return	888-572-8566
<i>www.medicalert.org</i>	
Multiple Sclerosis Society (National)	800-486-6762
<i>www.mssd.org</i>	760-448-8400

Muscular Dystrophy Association.....	858-492-9792
<i>www.mda.org</i>	800-572-1717
Myasthenia Gravis Foundation of California	800-574-7884
Support Group	858-822-9989
<i>www.myasthenia-ca.org</i>	
National Alliance for the Mentally Ill (NAMI-SD).....	619-543-1434
<i>www.namisandiego.org</i>	800-523-5933
Ostomy Associations:	
Ostomy Association of Southern California (support group)	
<i>www.ostomysocal.org</i>	
United Ostomy Associations of America	619-223-2966
<i>www.uoa.org</i>	800-826-0826
Parkinson's Association of San Diego	858-273-6763
<i>www.parkinsonsassociation.org</i>	877-737-7576
PAWS (Pets are Wonderful Support).....	619-297-7297
<i>www.pawssandiego.org</i>	
Poison Center System, California	800-222-1222
<i>www.calpoison.org</i>	
ReMend (no cost mentoring to families and those affected by kidney disease)	
<i>http://sdremend.com</i>	858-650-5001
San Diego Brain Injury Foundation.....	619-294-6541
<i>www.sdbif.org</i>	
San Diego Regional Center (for developmentally disabled)	858-576-2996
Intake Line.....	858-576-2938
<i>www.sdrc.org</i>	
Southern Caregiver Resource Center.....	800-827-1008
<i>www.caregivercenter.org</i>	858-268-4432
Spina Bifida Association	800-621-3141
<i>www.sbaofca.org</i>	
Spina Bifida of San Diego	619-992-0201
<i>www.spinabifidasandiego.com</i>	
Tourette Syndrome Association (National)	
<i>www.tsa-usa.org</i>	
United Cerebral Palsy of San Diego County	858-571-7803
<i>www.ucpsd.org</i>	
WomenHeart (cardiac support meeting for women; call for info)	202-728-7199
<i>www.WomenHeart.org</i>	

For corrections or additions to this handout, please call (619) 641-4456