



# medical illness & disability

## CONTINUING CARE SERVICES

### Kaiser Permanente Services

Breast Cancer Support Group.....	619-641-4456
Breast Care Call Center (Diagnostic appointments, imaging) .....	866-459-2642
Breast Prostheses (Replacements only, DME) .....	855-805-7363
Center for Healthy Living (General Information) .....	619-641-4194
Continuing Care Services.....	619-641-4456
Diabetes Type 2 Support Group .....	619-641-4564
Flu Shot Clinic Information Line .....	866-706-6358
HIV Support Group.....	619-641-4456
HIV Information, Education & Testing .....	877-236-0333
Making Today Count (Cancer Support Group).....	619-641-4456
The Rose Program.....	858-616-5002
Women's Cancer Support Group .....	619-641-4456

### Community Services

*This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

Access to Independence.....	619-293-3500
North County.....	800-976-2776
<a href="http://www.a2isd.org">www.a2isd.org</a>	

**AIDS Information:** Please see HIV/AIDS Resources handout on our website:  
<http://continuingcare-sandiego.kp.org>

ALS Association.....	858-271-5547
<a href="http://www.alsasd.org">www.alsasd.org</a>	
Alzheimer's Association 24/7 helpline .....	800-272-3900
<a href="http://www.alz.org">www.alz.org</a>	

<http://continuingcare-sandiego.kp.org>



Alzheimer's San Diego .....	858-492-4400
<i>www.alzsd.org</i>	
American Diabetes Association .....	619-234-9897
<i>www.diabetes.org</i> .....	800-342-2383
American Heart Association (Stroke Club & Mended Hearts).....	858-410-3850
<i>www.americanheart.org</i>	
American Liver Foundation.....	619-291-5483
<i>www.liverfoundation.org</i>	800-465-4837
American Lung Association.....	619-297-3901
<i>www.lung.org/about-us/local-associations/california.html</i>	800-586-4872
American Red Cross.....	619-542-7400
<i>www.redcross.org/local/california/san-diego</i>	858-309-1200
Amputee Coalition of America .....	888-267-5669
<i>www.amputee-coalition.org</i>	
Amputees In Motion (AIM) .....	858-454-9300
ARC of San Diego (Developmental Disabilities).....	619-685-1175
North Shores Vocational Center .....	858-715-3780
<i>www.arc-sd.com</i>	
Arthritis Foundation.....	800-422-8885
San Diego .....	858-492-1090
<i>www.arthritis.org</i>	
Behavioral Diabetes Institute .....	858-336-8693
<i>http://behavioraldiabetesinstitute.org</i>	
<b>Blind/Visually Impaired Services:</b>	
Access to Independence .....	619-293-3500
Older Individuals who are Blind Program (or low vision)	
<i>www.a2isd.org</i>	
Blind Community Center of San Diego .....	619-298-5021
<i>www.bccsd.org</i>	
Braille Institute of America (includes talking books) .....	858-452-1111
<i>www.brailleinstitute.org</i>	
Radio Reading Service.....	619-594-8170
<i>www.kpbs.org/radio/reading-service</i>	
San Diego Center for the Blind (and vision impaired) .....	619-583-1542
North County .....	760-758-5956
<i>www.sdcb.org</i>	
California State Dept. of Rehab .....	619-767-2100
7575 Metropolitan Dr., Suite 107, San Diego, CA 92108	
<i>www.dor.ca.gov</i>	

**Cancer Information:** Please see Cancer Resources handout on our website:  
<http://continuingcare-sandiego.kp.org>

Challenge Center.....	619-667-8644
<i>www.challengecenter.org</i>	
Crohn's and Colitis Foundation .....	619-497-1300
<i>www.ccfafa.org</i> .....	
	800-932-2423
Cystic Fibrosis Center (UCSD Adult CF Program) .....	858-657-7073
<b>Deaf/Hearing Impaired Services:</b>	
CA Telephone Access Program (equipment through DDTP) .....	800-806-1191
<i>http://ddtp.cpuc.ca.gov</i>	
Deaf and Disabled Services (California Relay Services) .....	800-735-2922
Deaf Community Services of San Diego, Inc. ....	619-398-2441
<i>www.deafcommunityservices.org</i>	
Down's Syndrome Society (National).....	800-221-4602
<i>www.ndss.org</i>	
Epilepsy Foundation San Diego County.....	619-296-0161
<i>www.epilepsysandiego.org</i>	
Facial Paralysis & Bell's Palsy Foundation (local support group)	
<i>www.facialparalysisfoundation.org</i>	
Health Center Partners of Southern California (community clinics) ..	619-542-4300
<i>http://hcpsocal.org</i>	
Hemophilia Association of SD County .....	619-325-3570
<i>www.hasdc.org</i>	
Infoline of San Diego.....	211
Outlying Areas Only.....	800-227-0997
<i>www.211sandiego.org</i> .....	
	858-300-1211
International Foundation for Functional GI Disorders.....	888-964-2001
<i>www.iffgd.org</i>	
Kidney Foundation (National).....	800-747-5527
<i>www.kidneysocal.org</i>	
Lupus Foundation of Southern California .....	858-278-2788
<i>www.lupussocal.org</i>	
Medic Alert Foundation .....	888-633-4298
Medic Alert + Alz. Assoc. Safe Return .....	888-572-8566
<i>www.medicalert.org</i>	
Multiple Sclerosis Society (National) .....	800-486-6762
<i>www.mssd.org</i> .....	
	760-448-8400
Muscular Dystrophy Association.....	858-492-9792
<i>www.mda.org</i> .....	
	800-572-1717

Myasthenia Gravis Foundation of California .....	800-574-7884
Support Group .....	858-822-9989
<a href="http://www.myasthenia-ca.org">www.myasthenia-ca.org</a>	
National Alliance for the Mentally Ill (NAMI-SD).....	619-543-1434
<a href="http://www.namisandiego.org">www.namisandiego.org</a> .....	800-523-5933
<b>Ostomy Associations:</b>	
Ostomy Association of Southern California (support group)	
<a href="http://www.ostomysocal.org">www.ostomysocal.org</a>	
United Ostomy Associations of America .....	619-223-2966
<a href="http://www.uoa.org">www.uoa.org</a> .....	800-826-0826
Parkinson's Association of San Diego .....	858-273-6763
<a href="http://www.parkinsonsassociation.org">www.parkinsonsassociation.org</a> .....	877-737-7576
PAWS (Pets are Wonderful Support).....	619-297-7297
<a href="http://www.pawssandiego.org">www.pawssandiego.org</a>	
Poison Center System, California .....	800-222-1222
<a href="http://www.calpoison.org">www.calpoison.org</a>	
ReMend (no cost mentoring to families and those affected by kidney disease)	
<a href="http://sdremend.com">http://sdremend.com</a> .....	858-650-5001
San Diego Brain Injury Foundation.....	619-294-6541
<a href="http://www.sdbif.org">www.sdbif.org</a>	
San Diego Regional Center (for developmentally disabled) .....	858-576-2996
Intake Line.....	858-576-2938
<a href="http://www.sdrc.org">www.sdrc.org</a>	
Southern Caregiver Resource Center.....	800-827-1008
<a href="http://www.caregivercenter.org">www.caregivercenter.org</a> .....	858-268-4432
Spina Bifida Association .....	800-621-3141
<a href="http://www.sbaofca.org">www.sbaofca.org</a>	
Spina Bifida of San Diego .....	619-992-0201
<a href="http://www.spinabifidasandiego.com">www.spinabifidasandiego.com</a>	
Triumph Foundation (support group and resources for people with Spinal cord injuries/disorders) .....	661-803-3700
<a href="https://triumph-foundation.org/outreach/support-groups">https://triumph-foundation.org/outreach/support-groups</a>	
Tourette Syndrome Association (National)	
<a href="http://www.tsa-usa.org">www.tsa-usa.org</a>	
United Cerebral Palsy of San Diego County .....	858-571-7803
<a href="http://www.ucpsd.org">www.ucpsd.org</a>	
WomenHeart (cardiac support meeting for women; call for info) .....	202-728-7199
<a href="http://www.WomenHeart.org">www.WomenHeart.org</a>	

*For corrections or additions to this handout, please call (619) 641-4456*