

# Maternal Wellness Postpartum Support Group



## Maternal Wellness Postpartum Support Group

Continuing Care Services

### Maternal Wellness Postpartum Support Group

Are you struggling a bit with depression or anxiety as a new mother?

**You are NOT alone!**

**For information regarding the Support Group, please call**

Narine Babanyan, LCSW (619) 641-4564

Shelly Jaffe, LCSW (619) 641-2470

Continuing Care Services (619) 641-4456

<http://continuingcare-sandiego.kp.org>

