



MATERNAL WELLNESS POSTPARTUM SUPPORT GROUP

**INFANTS UNDER 1 YEAR ARE
WELCOME TO ACCOMPANY THEIR MOMS**

March 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Viewridge 10:30-11:30	San Marcos 9:00- 10:00		
9	10	11	12	13
	Viewridge 10:30-11:30	San Marcos 9:00- 10:00		
16	17	18	19	20
	Viewridge 10:30-11:30	San Marcos 9:00-10:00		
23	24	25	26	27
	Viewridge 10:30-11:30	San Marcos 9:00-10:00		
30	31			

KAISER PERMANENTE
EVERY WEDNESDAY IN SAN MARCOS
400 CRAVEN RD, 92078; 2ND FLOOR, CLASSROOM A
EVERY TUESDAY AT VIEWRIDGE
5251 VIEWRIDGE COURT, 92123; THE INTEGRATIVE CONFERENCE ROOM

PLEASE CALL CONTINUING CARE SERVICES (619)641-4456
WITH QUESTIONS, NO SIGN UP NECESSARY

<http://continuingcare-sandiego.kp.org>

 **KAISER PERMANENTE®**