



*San Diego*

# Low Income Resources

CONTINUING CARE  
SERVICES

*This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

2-1-1 San Diego .....211 or 800-227-0997  
(San Diego resource and information hub)

## **FINANCIAL RESOURCES**

Consumer Center for Health Education and Advocacy..... 877-734-3258  
[www.healthconsumer.org](http://www.healthconsumer.org)

### Public Assistance:

(MediCal/Healthy Families/Food Stamps/CalWORKS Medicare-Part B)

CalFresh/SNAP Supplemental Nutrition Assistance Program .....877-847-3663  
[www.dss.cahwnet.gov/foodstamps](http://www.dss.cahwnet.gov/foodstamps)

California Department of Health Care Services.....888-452-8609  
[www.medi-cal.ca.gov](http://www.medi-cal.ca.gov)

ACCESS County of San Diego Customer Service Center..... 866-262-9881  
[www.mybenefitscalwin.org](http://www.mybenefitscalwin.org)

SDG&E Assistance Programs ..... 800-411-7343  
[www.sdge.com/residential](http://www.sdge.com/residential)

Social Security ..... 800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

State Disability Insurance..... 800-480-3287  
[www.edd.ca.gov/Disability](http://www.edd.ca.gov/Disability)

### Telephone Access Programs:

Assurance Wireless (request free cell phone & service) ..... 800-395-2171  
[www.assurancewireless.com](http://www.assurancewireless.com)

California LifeLine Program  
[www.californialifeline.com](http://www.californialifeline.com)  
[www.cpuc.ca.gov/PUC/Telco/Public+Programs/ultra.htm](http://www.cpuc.ca.gov/PUC/Telco/Public+Programs/ultra.htm)

California Telephone Access Program..... 800-806-1191  
1455 Frazee Road, Suite 406, San Diego, CA 92108  
(M-F 9:00 - 6:00 p.m., no appointment necessary)

<http://ddtp.cpuc.ca.gov>

The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee).....800-990-8339

<http://continuingcare-sandiego.kp.org>



## Veterans Resources:

CA Department of Veterans Affairs.....	800-952-5626
<i>www.cdva.ca.gov</i>	
Department of Veterans Affairs Telephone Assistance Services..	800-827-1000
<i>www.va.gov</i>	
San Diego County Veterans Services.....	858-694-3222
<i>www.sdcounty.ca.gov/hhsa/programs/ais/veterans_services/index.html</i>	
VeteranAid.org	
Find forms and information on how to apply	
<i>www.veteranaid.org</i>	
Veterans Assistance of San Diego (Escondido) .....	760-489-6380
A division of Interfaith Community Resources (Oceanside) ...	
760-721-2117	
<i>www.vasd.org</i>	
Veterans Village of San Diego (transitional housing available) ...	619-497-0142
4141 Pacific Highway, San Diego, CA 92110	
<i>www.vvvd.net</i>	
Victim Witness Assistance Program.....	619-531-4041

## **FOOD & COMMODITIES**

Angel's Depot .....	760-931-9433
Catholic Charities .....	619-231-2828
Food Bank (USDA commodities) .....	866-350-3663
<i>www.sandiegofoodbank.org</i>	
Fresh Fund (Healthy Works)	
<i>www.healthyworks.org/healthy-foods/fresh-fund</i>	
GoldenSHARE (food packages) .....	619-590-1692
<i>www.goldensharefoods.com</i>	
Salvation Army (* Club 60 senior dining and social centers)	
Chula Vista * .....	619-422-7027
El Cajon * .....	619-440-4683
Escondido .....	760-745-8616
Lakeside * .....	619-443-2494
Oceanside * .....	760-631-8212
Pine Valley (serving east rural county) .....	619-473-0165
Ray & Joan Kroc Corps Community Center.....	619-269-1430
San Diego Centre City (downtown, serves homeless) .....	619-699-2200
San Diego Citadel * .....	858-483-1831
Santee * .....	619-200-5593
<i>www.sandiego.salvationarmy.org</i>	

## **HEALTH CARE & DENTAL**

County Medical Services.....	800-587-8118
Council of Community Clinics.....	619-542-4300
<i>http://www.ccc-sd.org/health-centers</i>	
Dental Health Initiative of San Diego (community dental clinics and directions)	
<i>http://sharethecaredental.org/STC_V2/?page_id=24</i>	
Family Health Centers of San Diego	
<i>http://www.fhc-sd.org/services/dental.cfm</i>	

FreeDentalCare

[http://www.freedentalcare.us/ci/ca-san\\_diego](http://www.freedentalcare.us/ci/ca-san_diego)

UC Pre-Dental Society (student-run free dental clinics)

<http://fdc-pds.ucsd.edu/clinics/resources.php>

## HOUSING RESOURCES

2-1-1 San Diego .....211 or 800-227-0997

For the most current shelter and rehab availability and info

[www.211sandiego.org](http://www.211sandiego.org)

Alpha Project ..... 619-542-1877

[www.alphaproject.org](http://www.alphaproject.org)

Catholic Charities..... 619-231-2828

[www.ccdsd.org](http://www.ccdsd.org)

County of San Diego Housing Authority ..... 858-694-4801

Housing Resources Directory 2016-2018

[www.sdcounty.ca.gov/sdhcd/docs/housing\\_resource.pdf](http://www.sdcounty.ca.gov/sdhcd/docs/housing_resource.pdf)

Homeless Outreach Team (SD Police Dept.) ..... 211 or 858-490-3850

Interfaith Shelter Network ..... 619-702-5399

<http://interfaithshelter.org>

Neil Good Day Center, 299 17<sup>th</sup> Str., San Diego 92101 ..... 619-230-7390

Single men/women point of entry to other shelters, mail service,  
safe day environment

PATH\* (People Assisting the Homeless) ..... 619-786-2809

Street outreach and intake for Connections Housing

[www.epath.org](http://www.epath.org)

### Placement Assistance Agencies

Always Best Care Senior Services..... 619-757-1114

[www.alwaysbestcare.com/us/ca/san-diego/san-diego.aspx](http://www.alwaysbestcare.com/us/ca/san-diego/san-diego.aspx)

Care Placement..... 800-821-7598

[www.careplacement.com](http://www.careplacement.com)

Senior Care Referral Specialists ..... 800-587-4410

Safe Parking Program (help when living out of a car)

[www.dreamsforchange.org](http://www.dreamsforchange.org)

Salvation Army Family Services..... 619-699-2216

San Diego Housing Commission (City of San Diego)..... 619-231-9400

Affordable housing guide and homelessness prevention programs

[www.sdhc.org](http://www.sdhc.org)

San Diego Rescue Mission..... 619-687-3720

[www.sdrescue.org](http://www.sdrescue.org)

Serving Seniors (transitional housing) ..... 619-235-6572

[www.serving seniors.org](http://www.serving seniors.org)

St. Vincent de Paul Village ..... 619-233-8500

[www.svdpv.org](http://www.svdpv.org) ..... ext. 1157

South Bay Community Services (24-hr hotline) ..... 800-640-2933

[www.southbaycommunityservices.org](http://www.southbaycommunityservices.org)