This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

2-1-1 San Diego ………………………………………………….211 or 800-227-0997
(San Diego resource and information hub)

FINANCIAL RESOURCES
Consumer Center for Health Education and Advocacy…………….877-734-3258
    www.healthconsumer.org
Public Assistance:
    (MediCal/Healthy Families/Food Stamps/CalWORKS Medicare-Part B)
    CalFresh/SNAP Supplemental Nutrition Assistance Program ….877-847-3663
    www.dss.cahwnet.gov/foodstamps
    California Department of Health Care Services………………….888-452-8609
    www.medi-cal.ca.gov
    ACCESS County of San Diego Customer Service Center…….. 866-262-9881
    www.mybenefitscalwin.org
SDG&E Assistance Programs ……………………………………….. 800-411-7343
    www.sdge.com/residential
Social Security …………………………………………..……………… 800-772-1213
    www.ssa.gov
State Disability Insurance………………………………………..… 800-480-3287
    www.edd.ca.gov/Disability
Telephone Access Programs:
    Assurance Wireless (request free cell phone & service) …….800-395-2171
    www.assurancewireless.com
    California LifeLine Program
    www.californialifeline.com
    www.cpuc.ca.gov/PUC/Telco/Public+Programs/ults.htm
    California Telephone Access Program…………………………. 800-806-1191
    1455 Frazee Road, Suite 406, San Diego, CA 92108
    (M-F 9:00 - 6:00 p.m., no appointment necessary)
    http://ddtp.cpuc.ca.gov
    The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee)…………800-990-8339

http://continuingcare-sandiego.kp.org

http://continuingcare-sandiego.kp.org
Veterans Resources:
CA Department of Veterans Affairs...........................................800-952-5626
    www.cdva.ca.gov
Department of Veterans Affairs Telephone Assistance Services..800-827-1000
    www.va.gov
San Diego County Veterans Services........................................858-694-3222
    www.sdcounty.ca.gov/hhsa/programs/ais/veterans_services/index.html
VeteranAid.org
    Find forms and information on how to apply
        www.veteranaid.org
Veterans Assistance of San Diego (Escondido) .........................760-489-6380
        A division of Interfaith Community Resources (Oceanside) …760-721-2117
        www.vasd.org
Veterans Village of San Diego (transitional housing available) ...619-497-0142
        4141 Pacific Highway, San Diego, CA 92110
        www.vvsd.net
Victim Witness Assistance Program........................................619-531-4041

FOOD & COMMODITIES
Angel’s Depot .................................................................760-931-9433
Catholic Charities .............................................................619-231-2828
Food Bank (USDA commodities) ...........................................866-350-3663
    www.sandiegofoodbank.org
Fresh Fund (Healthy Works)
    www.healthyworks.org/healthy-foods/fresh-fund
GoldenSHARE (food packages) .............................................619-590-1692
    www.goldensharefoods.com
Salvation Army (* Club 60 senior dining and social centers)
    Chula Vista * ..........................................................619-422-7027
    El Cajon * .............................................................619-440-4683
    Escondido .............................................................760-745-8616
    Lakeside * ............................................................619-443-2494
    Oceanside * ...........................................................760-631-8212
    Pine Valley (serving east rural county) ................................619-473-0165
    Ray & Joan Kroc Corps Community Center.........................619-269-1430
    San Diego Centre City (downtown, serves homeless) ........619-699-2200
    San Diego Citadel * ..................................................858-483-1831
    Santee * .....................................................................619-200-5593
        www.sandiego.salvationarmy.org

HEALTH CARE & DENTAL
County Medical Services.....................................................800-587-8118
Council of Community Clinics.............................................619-542-4300
    http://www.ccc-sd.org/health-centers
Dental Health Initiative of San Diego (community dental clinics and directions)
    http://sharethecaredental.org/STC_V2/?page_id=24
Family Health Centers of San Diego
    http://www.fhcsd.org/services/dental.cfm
FreeDentalCare
http://www.freedentalcare.us/ci/ca-san_diego
UC Pre-Dental Society (student-run free dental clinics)
http://fdc-pds.ucsd.edu/clinics/resources.php

HOUSING RESOURCES
2-1-1 San Diego .........................................................211 or 800-227-0997
For the most current shelter and rehab availability and info
www.211sandiego.org
Alpha Project .............................................................. 619-542-1877
www.alphaproject.org
Catholic Charities........................................................ 619-231-2828
www.ccdsd.org
County of San Diego Housing Authority ......................... 858-694-4801
Housing Resources Directory 2016-2018
www.sdcounty.ca.gov/sdhcd/docs/housing_resource.pdf
Homeless Outreach Team (SD Police Dept.) ............... 211 or 858-490-3850
Interfaith Shelter Network ........................................ 619-702-5399
http://interfaithshelter.org
Single men/women point of entry to other shelters, mail service,
safe day environment
PATH* (People Assisting the Homeless) ....................... 619-786-2809
Street outreach and intake for Connections Housing
www.epath.org
Placement Assistance Agencies
Always Best Care Senior Services.............................. 619-757-1114
Care Placement......................................................... 800-821-7598
www.careplacement.com
Senior Care Referral Specialists ............................. 800-587-4410
Safe Parking Program (help when living out of a car)
www.dreamsforchange.org
Salvation Army Family Services.............................. 619-699-2216
San Diego Housing Commission (City of San Diego) .........619-231-9400
Affordable housing guide and homelessness prevention programs
www.sdhc.org
San Diego Rescue Mission........................................ 619-687-3720
www.sdrescue.org
Serving Seniors (transitional housing) ......................... 619-235-6572
www.servingseniors.org
St. Vincent de Paul Village ....................................... 619-233-8500
www.svdpv.org ......................................................... ext. 1157
South Bay Community Services (24-hr hotline) .......... 800-640-2933
www.southbaycommunityservices.org