



San Diego

Low Income Resources

CONTINUING CARE
SERVICES

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

2-1-1 San Diego211 or 800-227-0997
(San Diego resource and information hub)

FINANCIAL RESOURCES

Consumer Center for Health Education and Advocacy..... 877-734-3258
www.healthconsumer.org

Public Assistance:

(MediCal/Healthy Families/Food Stamps/CalWORKS Medicare-Part B)

CalFresh/SNAP Supplemental Nutrition Assistance Program877-847-3663
www.dss.cahwnet.gov/foodstamps

California Department of Health Care Services.....888-452-8609
www.medi-cal.ca.gov

ACCESS County of San Diego Customer Service Center..... 866-262-9881
www.mybenefitscalwin.org

SDG&E Assistance Programs 800-411-7343
www.sdge.com/residential

Social Security 800-772-1213
www.ssa.gov

State Disability Insurance..... 800-480-3287
www.edd.ca.gov/Disability

Telephone Access Programs:

Assurance Wireless (request free cell phone & service) 800-395-2171
www.assurancewireless.com

California LifeLine Program
www.californialifeline.com
www.cpuc.ca.gov/PUC/Telco/Public+Programs/ultra.htm

California Telephone Access Program..... 800-806-1191
1455 Frazee Road, Suite 406, San Diego, CA 92108
(M-F 9:00 - 6:00 p.m., no appointment necessary)

<http://ddtp.cpuc.ca.gov>

The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee).....800-990-8339

<http://continuingcare-sandiego.kp.org>



Veterans Resources:

CA Department of Veterans Affairs.....	800-952-5626
<i>www.cdva.ca.gov</i>	
Department of Veterans Affairs Telephone Assistance Services..	800-827-1000
<i>www.va.gov</i>	
San Diego County Veterans Services.....	858-694-3222
<i>www.sdcounty.ca.gov/hhsa/programs/ais/veterans_services/index.html</i>	
VeteranAid.org	
Find forms and information on how to apply	
<i>www.veteranaid.org</i>	
Veterans Assistance of San Diego (Escondido)	760-489-6380
A division of Interfaith Community Resources (Oceanside) ...	
760-721-2117	
<i>www.vasd.org</i>	
Veterans Village of San Diego (transitional housing available) ...	619-497-0142
4141 Pacific Highway, San Diego, CA 92110	
<i>www.vvvd.net</i>	
Victim Witness Assistance Program.....	619-531-4041

FOOD & COMMODITIES

Angel's Depot	760-931-9433
Catholic Charities	619-231-2828
Food Bank (USDA commodities)	866-350-3663
<i>www.sandiegofoodbank.org</i>	
Fresh Fund (Healthy Works)	
<i>www.healthyworks.org/healthy-foods/fresh-fund</i>	
GoldenSHARE (food packages)	619-590-1692
<i>www.goldensharefoods.com</i>	
Salvation Army (* Club 60 senior dining and social centers)	
Chula Vista *	619-422-7027
El Cajon *	619-440-4683
Escondido	760-745-8616
Lakeside *	619-443-2494
Oceanside *	760-631-8212
Pine Valley (serving east rural county)	619-473-0165
Ray & Joan Kroc Corps Community Center.....	619-269-1430
San Diego Centre City (downtown, serves homeless)	619-699-2200
San Diego Citadel *	858-483-1831
Santee *	619-200-5593
<i>www.sandiego.salvationarmy.org</i>	

HEALTH CARE & DENTAL

County Medical Services.....	800-587-8118
Council of Community Clinics.....	619-542-4300
<i>http://www.ccc-sd.org/health-centers</i>	
Dental Health Initiative of San Diego (community dental clinics and directions)	
<i>http://sharethecaredental.org/STC_V2/?page_id=24</i>	
Family Health Centers of San Diego	
<i>http://www.fhcsd.org/services/dental.cfm</i>	

FreeDentalCare

http://www.freedentalcare.us/ci/ca-san_diego

UC Pre-Dental Society (student-run free dental clinics)

<http://fdc-pds.ucsd.edu/clinics/resources.php>

HOUSING RESOURCES

- 2-1-1 San Diego211 or 800-227-0997
For the most current shelter and rehab availability and info
www.211sandiego.org
- Alpha Project 619-542-1877
www.alphaproject.org
- Catholic Charities..... 619-231-2828
www.ccdsd.org
- County of San Diego Housing Authority 858-694-4801
Housing Resources Directory 2016-2018
www.sdcounty.ca.gov/sdhcd/docs/housing_resource.pdf
- Homeless Outreach Team (SD Police Dept.) 211 or 858-490-3850
- Interfaith Shelter Network 619-702-5399
<http://interfaithshelter.org>
- Neil Good Day Center, 299 17th Str., San Diego 92101 619-230-7390
Single men/women point of entry to other shelters, mail service,
safe day environment
- PATH* (People Assisting the Homeless) 619-786-2809
Street outreach and intake for Connections Housing
www.epath.org
- Placement Assistance Agencies
- Always Best Care Senior Services..... 619-757-1114
www.alwaysbestcare.com/us/ca/san-diego/san-diego.aspx
- Care Placement..... 800-821-7598
www.careplacement.com
- Senior Care Referral Specialists 800-587-4410
- Safe Parking Program (help when living out of a car)
www.dreamsforchange.org
- Salvation Army Family Services..... 619-699-2216
- San Diego Housing Commission (City of San Diego)..... 619-231-9400
Affordable housing guide and homelessness prevention programs
www.sdhc.org
- San Diego Rescue Mission..... 619-687-3720
www.sdrescue.org
- Serving Seniors (transitional housing) 619-235-6572
www.serving seniors.org
- St. Vincent de Paul Village 619-233-8500
www.svdpv.org ext. 1157
- South Bay Community Services (24-hr hotline) 800-640-2933
www.southbaycommunityservices.org