



housing options

CONTINUING CARE SERVICES

Kaiser Permanente Services

- Continuing Care Services Department 619-641-4456
(List of nursing homes visited by Kaiser Permanente physicians available)
- Long Term Care 619-528-1245
- Nursing Home Placement 619-641-4452

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- 2-1-1 San Diego* 211
For the most current shelter and rehab availability and info 800-227-0997
www.211sandiego.org
- Alpha Project* 619-542-1877
www.alphaproject.org
- Alternatives for Seniors..... 800-350-0770
www.AlternativesForSeniors.com
- California Advocates for Nursing Home Reform..... 800-474-1116
www.canhr.org
- California Residential Facility Search
www.cclid.ca.gov/docs/cclid_search/cclid_search.aspx
- CalQualityCare.org (California Nursing Home Search)
www.calqualitycare.org
- CARR Consumer Advocates for RCFE Reform
Assisted living facilities fair rating system for SD County
www.rcfereform.org
- Catholic Charities*619-231-2828
www.ccdsd.org

<http://continuingcare-sandiego.kp.org>



Community Services continued

Center for Social Advocacy.....	800-954-0441
Fair housing, Landlord/Tenant Counseling, Shared Housing.....	619-444-5700
www.c4sa.org	
Community Care Licensing.....	619-767-2300
www.cclcd.ca.gov	
Connections Housing Downtown San Diego* (Interim/permanent housing & services for homeless) 1250 6 th Ave., San Diego, CA 92101 www.sdconnections.org	
County of San Diego Housing Authority*	858-694-4801
Housing Resources Directory 2016-2018 www.sdcounty.ca.gov/content/sdc/sdhcd/housing-directory.html	
ElderHelp of San Diego	619-284-9281
Shared housing (extension #127)	619-284-9281
www.elderhelpofsandiego.org (Poway office)	858-748-9675
Homeless Outreach Team* (SD Police Dept.)	858-490-3850
HUD - Housing and Urban Development (call center)	619-578-7777
Ombudsman	619-578-7553
www.hud.gov	
Interfaith Shelter Network*	619-702-5399
http://interfaithshelter.org	
Long Term Care Ombudsman Program.....	858-560-2507
.....	800-640-4661
Neil Good Day Center*, 299 17 th Str., San Diego 92101	619-230-7390
Single men/women point of entry to other shelters, mail service, safe day environment	
New Lifestyles.....	800-869-9549
www.NewLifeStyles.com	
PATH* (People Assisting the Homeless) Services	619-786-2809
Street outreach and intake for Connections Housing www.epath.org	

Placement Assistance Agencies

A Place for Mom.....	619-567-8070
Preferred vendor list available on website	866-333-3647
www.aplaceformom.com/assisted-living/california/san-diego	
A Placement to Call Home	619-920-4662
www.aplacementtocallhome.com	
Always Best Care Senior Services.....	619-757-1114
www.alwaysbestcare.com/us/ca/san-diego/san-diego.aspx	

Placement Assistance Agencies continued

Assisted Living Specialists.....	619-561-3805
Care Placement.....	619-660-8814
North County.....	760-735-8814
<i>www.careplacement.com</i>	
Elder Care Placement Agency of San Diego	858-522-9454
Eldercare.....	800-585-6556
<i>www.eldercare.net</i>	
Finding Home for Older Adults	619-886-4026
<i>http://seniorsfindinghome.com</i>	
Senior Care Referral Specialists	800-587-4410
Salvation Army Family Services*.....	619-699-2216
San Diego Eldercare Directory	
<i>www.sandiegoeldercare.com</i>	
San Diego Housing Commission*(City of San Diego).....	619-231-9400
Affordable housing resource guide and homelessness prevention programs	
<i>www.sdhc.org</i>	
San Diego Rescue Mission*.....	619-687-3720
<i>www.sdrescue.org</i>	
Serving Seniors*(transitional housing)	619-235-6572
<i>www.servingseniors.org</i>	
St. Vincent de Paul Village *.....	619-233-8500
<i>www.svdpv.org</i>	ext. 1157
South Bay Community Services* (24-hr hotline)	800-640-2933
<i>www.southbaycommunityservices.org</i>	
Veterans Village of San Diego*(transitional housing available)	619-497-0142
4141 Pacific Highway, San Diego, CA 92110	
<i>www.vvvsd.net</i>	

** Information and services may be helpful for the homeless*

Helpful Terms

Assisted Living Facility

A facility licensed by the state of California to provide a living arrangement for people with special needs, especially seniors with disabilities. It provides help with everyday tasks such as bathing, dressing and taking medication. The services provided may vary. The cost is not covered by medical insurance, but may be covered by long-term care insurance.

Board and Care Home

A home licensed by the state of California to provide services such as meals, medication supervision, and assistance with bathing, dressing and eating. Most facilities are licensed for six or fewer residents, but some are larger. The cost is not covered by medical insurance.

Housing and Urban Development (HUD)

A federal government program of low-income housing for persons who qualify.

Placement

A term used to describe moving a person to a care facility.

Placement Assistance Agencies

Agencies that assist people in locating care facilities that meet their needs.

Shared Housing

An option for an elderly person to share his or her home with another person in exchange for rent or services such as housekeeping, cooking, companionship, etc.

Skilled Nursing Facility (also Nursing Home, Convalescent Home or Rehabilitation Hospital)

An inpatient facility, licensed by the State of California, that provides 24-hour nursing services to persons in need of extended care.