



home services

CONTINUING CARE SERVICES

Community Services

Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions. A more complete list of agencies can be found in the San Diego Telephone Directory.

Indicates agency can provide 24-hour caregivers

* Indicates agency can provide transportation

@ Indicates agency can do medication set up

COUNTY: In Home Supportive Services (IHSS)	800-510-2020
1 st Choice Home Care	619-624-2040
24Hr HomeCare # * (KP discount)	858-529-6230
<i>www.24hrcares.com</i>	
A Better Solution In Home Services # * @	877-585-9011
<i>www.absihc.com</i>	
760-489-8253	
A Caring Heart Home Care # * @ (no minimum)	888-535-1877
<i>www.achhomecare.com</i>	
619-585-1877	
A-Advanced Home Care # *	858-259-9228
<i>www.aadvancedhomehealth.com</i>	
AALL CARE In Home Services *	619-297-9601
North County	760-471-7033
<i>www.aallcare.com</i>	
Accent Care # *	619-543-1660
<i>www.accentcare.com</i>	
800-250-2233	
Accredited Nursing Services # *	619-265-1234
<i>www.accreditednursing.com</i>	
Age Advantage Senior Care Services #* (no minimum)	760-720-7272
<i>www.ageadvantage.com</i>	
866-995-8681	

<http://continuingcare-sandiego.kp.org>



All Valley Home Care # * (no minimum)	866-353-1905
<i>www.allvalleyhomecare.us</i>	
Always Best Care Senior Services # *	619-757-1114
<i>www.alwaysbestcaresandiego.com</i>	
Assertive Care at Home Services # (2 hr minimum)	619-466-6890
<i>www.assertivehomecare.com</i>	
At Your Home Family Care # * (2 hr min, ask about KP discount) ...	858-625-0406
<i>www.atyourhomefamilycare.com</i>	
888-326-2273	
Attentive Home Care # (20 hr/wk minimum)	619-287-1300
North County.....	760-434-2172
<i>www.attentivecare.com</i>	
Comfort Keepers # * (2 hr min, ask about KP discount)	866-450-3322
<i>www.comfortkeepers.com</i>	
Constant Companions # (20 hr/wk min)	858-722-9352
Divine Care # *	619-466-7600
Firstat Nursing Services # * @	619-220-7600
<i>www.firstatofsandiego.com</i>	
858-456-7600	
Health Source Staffing # *	619-299-5516
Heritage Senior Care #.....	800-562-2734
<i>www.heritageseniorcare.com</i>	
Home Instead Senior Care # (San Diego Central)	858-277-3722
La Mesa	619-460-6222
North County.....	760-639-6472
<i>www.homeinstead.com</i>	
La Jolla Nurses Home Care # * @	866-953-6635
<i>www.lajollanurseshomecare.com</i>	
Love 2 Live	619-291-4663
<i>www.love2livecare.com</i>	
MAXIM Companion Services # * (no minimum)	619-298-7548
<i>www.maximhomecare.com/companion</i>	
Meridian Home Care # * @	858-529-1886
<i>www.meridianhomecare.info</i>	
Salus Homecare # *	619-497-0380
<i>www.salushomecare.com</i>	
888-725-8742	
San Diego Homecare #.....	858-775-7761
<i>www.sandiegohomecare.com</i>	

Senior Helpers # @ (min 3 hrs) 858-523-9170
www.seniorhelpers.com 619-450-4686

Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.

For corrections or additions to this handout, please call (619) 641-4456