



home services

CONTINUING CARE SERVICES

Community Services

Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

* Indicates agency can do medication set up

COUNTY: In Home Supportive Services (IHSS)	800-339-4661
Comfort Keepers (KP contracted vendor, 3 hr min, KP discount)....	619-202-5230
www.comfortkeepers.com	866-202-5309
*1 st Meridian Home Care (no minimum hours)	858-529-1886
www.1stmeridiancareservices.com	760-659-7979
24Hr HomeCare (4 hour min, KP discount)	858-529-6230
www.24hrcares.com	800-522-1516
*A Better Solution In Home Svcs (4 hr min,6 hr NoCt, KP discnt) ...	877-585-9011
www.absihc.com	760-489-8253
AALL CARE In Home Services (4 hour minimum)	619-297-9601
North County	760-471-7033
www.aallcare.com	
Accent Care (no minimum hours)	619-543-1660
www.accentcare.com	800-250-2233
Accredited Home Care (4 hour minimum).....	619-265-1234
www.accreditednursing.com	760-727-1234
All Valley Home Care (4 hour minimum)	619-276-8001
https://www.allvalleyhcca.com/	760-735-8899
Always Best Care Senior Services (4 hour minimum)	619-757-1114
www.alwaysbestcaresandiego.com	

Assertive Home Care Services (4 hr min, 2 hr min for trans)	619-466-6890
<i>www.assertivehomecare.com</i>	
At Your Home Family Care (2 hour minimum)	858-625-0406
<i>www.atyourhomefamilycare.com</i>	
	888-326-2273
Attentive Home Care (20 hr/wk minimum)	619-287-1300
North County.....	760-434-2172
<i>www.attentivecare.com</i>	
Constant Companions (20 hr/wk min)	858-722-9352
<i>www.constantcompanions.net</i>	
	888-883-8393
*Firstat Nursing Services (8 hour minimum).....	619-220-7600
<i>www.firstatofsandiego.com</i>	
Heritage Senior Care	800-562-2734
<i>www.heritageseniorcare.com</i>	
Home Instead Senior Care	619-460-6222
North County.....	760-639-6472
<i>www.homeinstead.com</i>	
	858-277-3722
*La Jolla Nurses Home Care (no minimum hrs)	833-395-5755
<i>www.lajollanurseshomecare.com</i>	
Love 2 Live (4 hr/Day, 12 hr/wk minimum).....	619-291-4663
<i>www.love2livecare.com</i>	
MAXIM Companion Services (4 hour minimum)	619-298-7548
<i>www.maximhomecare.com/companion</i>	
Salus Homecare (4 hour minimum).....	858-278-1335
<i>www.salushomecare.com</i>	
	888-725-8742
San Diego Homecare (4 hour minimum).....	858-775-7761
<i>www.sandiegohomecare.com</i>	
Senior Helpers (3 hour minimum).....	619-450-4686
<i>www.seniorhelpers.com</i>	
Senior Hoarding Solutions, LLC	619-244-1652
Hoarding and smaller bio-hazard clean up	619-771-1792
<i>https://hoardingsolutions.net</i>	

Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.

For corrections or additions to this handout, please call (619) 641-4456