Community Services

Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

* Indicates agency can do medication set up

COUNTY: In Home Supportive Services (IHSS) ......................... 800-339-4661
Comfort Keepers (KP contracted vendor, 3-hr min, KP discount)…. 619-202-5230
  www.comfortkeepers.com ............................................................. 866-450-3322
1st Meridian Home Care (no minimum hours) ......................... 858-529-1886
  www.1stmeridiancareservices.com ............................................. 760-659-7979
24Hr HomeCare (4-hour min, KP discount) ............................... 858-529-6230
  www.24hrcares.com ................................................................. 800-522-1516
A Better Solution In Home Svvs (4-hr min,6-hr NoCt, KP discnt) ..... 877-585-9011
  www.absihc.com
AALL CARE In Home Services (4-hour minimum) ..................... 619-297-9601
  North County ........................................................................... 760-471-7033
    www.aallcare.com
Accent Care (no minimum hours) .......................................... 858-576-7410
  www.accentcare.com .......................................................... 760-744-4064
Accredited Home Care (4-hour minimum) ............................... 619-265-1234
  www.accreditednursing.com ................................................... 760-727-1234
All Heart Home Care (8-hr minimum in NoCt, KP discnt) ........... 619-736-4677
  https://allhearthomecare.com
All Valley Home Care (4-hour minimum) ............................... 619-276-8001
  https://www.allvalleyhcca.com/ ............................................. 760-735-8899
Assertive Home Care Services (4-hr min, 2-hr min for trans) .... 619-466-6890
  www.assertivehomecare.com

http://continuingcare-sandiego.kp.org
At Your Home Family Care (2-hour minimum) 858-625-0406
www.atyourhomefamilycare.com 888-326-2273

Attentive Home Care (20 hr/wk minimum) 619-287-1300
www.attentivecare.com (North County) 760-434-2172

Biohazard Cleanup Services 858-527-1144
https://www.servprosorrentovalleyuniversitycity.com/biohazard-cleaning

Constant Companions (20 hr/wk min) 858-722-9352
www.constantcompanions.net 888-883-8393

Family Matters (4-hr min, Certified Dementia Caregivers) 858-779-9254
https://familymattershc.com/

*Firstat Nursing Services (12-hour minimum) 619-220-7600
www.firstatofsandiego.com

Heritage Senior Care 800-562-2734
www.heritageseniorcare.com

Harmony Environmental Services 888-623-4191
https://www.sdhazmat.com/services/bio-hazards/san-diego/

Home Instead Senior Care 619-460-6222
North County 760-639-6472
www.homeinstead.com 858-277-3722

*La Jolla Nurses Home Care (no minimum hrs) 833-395-5755
www.lajollanurseshomecare.com

Love 2 Live (4 hr/Day, 12 hr/wk minimum) 619-291-4663
www.love2livecare.com

MAXIM Companion Services (4-hour minimum) 619-298-7548
www.maximhomecare.com/companion

Miji Care Home Health (formerly Always Best Care) 619-757-1114
www.alwaysbestcaresandiego.com

Salus Homecare (4-hour minimum) 858-278-1335
www.salushomecare.com 888-725-8742

San Diego Homecare (4-hour minimum) 858-775-7761
www.sandieghohomecare.com

Senior Helpers (3-hour minimum) 619-450-4686
www.seniorhelpers.com/ca/san-diego-county/

TLC Xtreme Clean Outs LLC 619-432-7298
https://tlcxtremecleanouts.com/

Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.

For corrections or additions to this handout, please call (619) 641-4456