Kaiser Permanente Services
Claims and Referrals Customer Service................................. 800-390-3510
Financial Services Call Center .................................................. 800-201-2123
Disability Claims Office............................................................. 619-528-5280
Financial Counselor................................................................. 619-589-4920
Medical Financial Assistance.................................................... 866-399-7696

Community Services
This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Access to Independence.......................................................... 619-293-3500
Imperial County ................................................................... 760-768-2044
www.a2isd.org

Benefits CheckUp
www.benefitscheckup.org

Better Business Bureau............................................................. 858-496-2131

CALMA (Calif. Advocates for Long-Term Care Medical Assistance)
Help applying for Veteran Aid and Attendance and other resources
www.calma4u.org

Computers:
San Diego Futures Foundation .................................................. 619-269-1684
To get low cost or be on a waitlist for free computers for disabled
www.sdfutures.org

Consumer Center for Health Education and Advocacy.................. 877-734-3258
www.healthconsumer.org

Contractors State License Board ............................................. 800-321-2752
www.cslb.ca.gov

County Medical Services......................................................... 800-587-8118

http://continuingcare-sandiego.kp.org
Credit Counseling:
National Foundation for Credit Counseling .......................... 800-388-2227
http://www.nfcc.org

Dental Resources:
Concorde Career College (student hygienists) ....................... 619-688-0800
4393 Imperial Ave., SD 92113

Dental Health Initiative of San Diego (community dental clinics and directions)
www.sharethecaredental.org/STC_V2/?page_id=24

FreeDentalCare
http://www.freedentalcare.us/ci/ca-san_diego

UC Pre-Dental Society (student-run free dental clinics)
http://fdc-pds.ucsd.edu/clinics/resources.php

Southwestern College (student hygienists) .......................... 619-216-6663
880 National City Blvd., Nat’l City 91950

Disability Benefits 101
www.disabilitybenefits101.org

Do Not Call Registry .............................................................. 888-382-1222
Hearing Impaired (TTY) ...................................................... 866-290-4236
www.donotcall.gov

HealthWell Foundation ....................................................... 800-675-8416
www.healthwellfoundation.org

Medi-Cal Outreach Line (CA state line) ................................. 888-747-1222
Help with annual eligibility review and account balance questions

Medicare ................................................................. 800-633-4227
www.medicare.gov

Medication Assistance:
Co-Pay Relief (Patient Advocate Foundation) ..................... 866-512-3861
www.copays.org

Discount Cards
Medicare Rights Center .................................................... 800-333-4114
www.medicarerights.org
RxAssist
www.rxassist.org

GenericMedList
http://genericmedlist.com

NeedyMeds .............................................................. 800-503-6897
www.needymeds.org

Partnership for Prescription Assistance ......................... 888-477-2669
www.pparx.org
Medication assistance continued:
Pharmaceutical Foundations (need-based)
www.phrma.org
www.needymeds.org

Need Help Paying Bills
www.needhelppayingbills.com

Notary Services
A Notary on the Go (will come to you) ......................... 619-298-5250
Copy-It Mobile Notary .................................................. 619-990-6980
Traveling Notary Public .............................................. 800-266-8279

Patient Access Network Foundation ................................. 866-316-7263
www.panfoundation.org

Patient Advocate Foundation ........................................ 800-532-5274
www.patientadvocate.org

Professional Fiduciary Assoc. of California ....................... 866-886-7322
www.pfac-pro.org

Public Administrator/Public Guardian ............................... 858-694-3500
(conservatorship of estate/financial)
www.sandiegocounty.gov/hhsa/programs/papg

Public Assistance:
(MediCal/Healthy Families/Food Stamps/CalWORKS Medicare-Part B)
California Department of Health Care Services.............. 888-452-8609
www.medi-cal.ca.gov

ACCESS County of San Diego Customer Service Center ...... 866-262-9881
www.mybenefitscalwin.org
Centre City Family Resource (1255 Imperial Ave, 92101)
El Cajon (220 S. 1st Street, 92019)
Escondido (649 West Mission Ave., 92025)
Fallbrook (202 West College St., 92028)
Kearny Mesa (5055 Ruffin Road, 92123)
Lemon Grove (7065 Broadway, 91945)
National City (401 Mile of Cars Way #230, 91950)
North East San Diego (5001 73rd Street, 92115)
Oceanside (1315 Union Plaza Court, 92054)
Ramona (1521 Main St, 92065)
San Diego (1130-10th Ave. 92101)
South Bay (690 Oxford St., Chula Vista, 91911)
South East San Diego (4588 Market Street, 92102)

SDG&E Assistance Programs ........................................... 800-411-7343
www.sdge.com/residential
Special Needs Trusts:
   Special Needs Trust Foundation, San Diego ...................... 619-201-2672
   www.sntf-sd.org
   Proxy Parent Foundation .............................................. 888-574-1258
   www.proxyparentfoundation.org
   Social Security .......................................................... 800-772-1213
   www.ssa.gov
   State Disability Insurance ........................................... 800-480-3287
   www.edd.ca.gov/Disability
   The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee) .......... 800-990-8339

Veterans Resources:
   CA Department of Veterans Affairs ................................. 800-952-5626
   www.cdva.ca.gov
   San Diego County Veterans Services ............................... 858-694-3222
   www.sdcounty.ca.gov/hhsa/programs/ais/veterans_services/index.html
   US Dept of Veterans Affairs Telephone Assistance Services ..... 800-827-1000
   www.va.gov
   VeteranAid.org
      Find forms and information on how to apply
       www.veteranaid.org
   Veterans Assistance of San Diego (Escondido) .................. 760-489-6380
      A division of Interfaith Community Resources (Oceanside) ... 760-721-2117
      www.vasd.org
   Victim Witness Assistance Program ............................... 619-531-4041
   Welfare Fraud .......................................................... 800-421-2252

Helpful Terms

Conservator/Guardian
A conservator or guardian is a person that is appointed by the court to arrange for the personal care or financial supervision (or both), for someone who has been found by the court to be unable to do so.

Fiduciary
A relationship that implies a position of trust or confidence where one person is entrusted to hold or manage property or money for another.

For corrections or additions to this handout, please call (619) 641-4456