



# end of life

## CONTINUING CARE SERVICES

### Kaiser Permanente Services

Bioethics Department.....	619-528-5213
Chaplain (San Diego Medical Center) .....	858-266-7900
Zion Medical Center .....	619-528-5188
Decedent Affairs (San Diego Medical Center) .....	858-266-3233
Zion Medical Center .....	619-528-5596
Hospice/Palliative Care/Bereavement Program.....	619-641-4100
Life Care Planning Class (Advance Directive) .....	619-641-4194

### Community Services

*This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

AARP Grief and Loss Programs  
[www.aarp.org/griefandloss](http://www.aarp.org/griefandloss)

Coalition for Compassionate Care (resources and forms)  
[www.coalitionccc.org](http://www.coalitionccc.org)

Empty Cradle (for families who have lost an infant)..... 619-595-3887  
[www.emptycradle.org](http://www.emptycradle.org)

Growth House – End of Life Resources  
[www.growthhouse.org](http://www.growthhouse.org)

### Hospice Agencies in San Diego

Apreva Hospice .....	877-587-3356
<a href="http://www.aprevahospice.com">www.aprevahospice.com</a> .....	619-450-4414
Avalon Hospice.....	858-751-0315
<a href="http://www.avalonhospice.com">www.avalonhospice.com</a>	
Elizabeth Hospice .....	800-797-2050
<a href="http://elizabethhospice.org">http://elizabethhospice.org</a> .....	760-737-2050
Gentiva Hospice .....	858-565-2499
<a href="http://sandiego.gentivahospice.com">http://sandiego.gentivahospice.com</a>	

<http://continuingcare-sandiego.kp.org>

Hospice Agencies in San Diego continued:

Hospice By The Sea .....	858-794-0195
<i>http://hospicebythesea.org</i>	
Hospice of the North Coast .....	760-431-4100
<i>http://hospicenorthcoast.org</i>	
Lightbridge Hospice .....	858-458-2992
<i>http://lightbridgehospice.com</i>	
Scripps Hospice .....	800-304-4430
<i>www.scripps.org/services/hospice</i> .....	
858-748-3030	
Seasons Hospice .....	877-643-0401
<i>www.seasons.org</i>	
Sharp Hospice Care.....	800-681-9188
<i>www.sharp.com/hospice</i> .....	
619-667-1900	
Silverado Hospice .....	888-328-4558
<i>www.silveradocare.com</i>	
Vitas Hospice .....	(toll free) .....
844-820-1407	
<i>www.vitas.com/ca/southern-california-hospice</i> .....	
858-499-8901	
Hospice Foundation of America.....	800-854-3402
<i>www.hospicefoundation.org</i>	
Institute for Healthcare Advancement (easy to read Advance Directive in multiple languages)	
<i>www.ih4health.org/our-services/advance-directive</i>	
Life Sharing Community Organ Donation.....	619-543-7225
<i>www.lifesharing.org</i>	
San Diego County Medical Examiner.....	858-694-2895
<i>www.sdcounty.ca.gov/me</i>	
San Diego Eye Bank.....	800-393-2265
<i>www.sdeb.org</i> .....	
858-694-0400	
San Diego Guild for Infant Survival (SIDS).....	858-569-2673
<i>www.sandiegosids.org</i>	
The Compassionate Friends.....	619-583-1555
<i>www.sdtcf.org</i>	
UCSD (Body Donation).....	858-534-4536
<i>http://meded.ucsd.edu/index.cfm/body_donation_program</i>	

**Helpful Terms**

**Hospice** - A philosophy of comfort care for the terminally ill. Hospice programs attend to the emotional, spiritual and physical needs of the terminally ill and their families.

For burial/funeral arrangements refer to phone directory yellow pages under "Funeral Directors"

*For corrections or additions to this handout, please call (619) 641-4456*