



dementia resources

CONTINUING CARE SERVICES

Kaiser Permanente Services

- Behavioral Health Care Helpline (24 hour)..... 800-900-3277
- Caregiver Support Groups 619-641-4456
- Psychiatry 877-496-0450
- Senior Care Management619-641-4027
<http://continuingcare-sandiego.kp.org/PDFs/SCM%20Brochure.pdf>

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- Alzheimer’s Association (helpline 24/7) 800-272-3900
www.alz.org
- Safety Center
www.alz.org/care/alzheimers-dementia-safety.asp
- Fact Sheets and Handouts
www.alz.org/alzheimers_disease_publications.asp
- Alzheimer’s Disease Education & Referral Center (ADEAR) 800-438-4380
www.nia.nih.gov/alzheimers
- Alzheimer’s San Diego 858-492-4400
- Early Stage Support Group (brief interview required) 858-966-3291
www.alzsd.org
- The Alzheimer’s Store 800-752-3238
<http://alzstore.com>
- Bright Focus Foundation 800-437-2423
www.brightfocus.org
- Dementia Support Groups:
Alzheimer’s Association 800-272-3900
www.alz.org/sandiego

<http://continuingcare-sandiego.kp.org>



Dementia Support Groups continued:

- Alzheimer's San Diego 858-492-4400
www.alzsd.org/services/support-discussion-groups
- George G. Glenner Alzheimer Family Centers, Inc (Hillcrest) 619-543-4704
Chula Vista 619-420-1703
Encinitas and Escondido 760-635-1895
National City 619-399-5988
<https://glenner.org/today/#family-caregiver-support-groups>
- UCSD Shiley-Marcos ADRC 858-822-4800
www.adrc.ucsd.edu
- MedicAlert Foundation & Safe Return 800-432-5378
www.medicalert.org/safereturn
- Out & About (Jewish Family Services) 858-637-7320
Weekly outings for persons with dementia, call for details
www.jfssd.org/outandabout
- Parkinson's Disease Association of San Diego760-940-4097
www.parkinsonsassociation.org
- San Diego Alzheimer Project (San Diego unites for a cure & care)
www.SDalzheimersproject.org
- Southern Caregivers Resource Center..... 800-827-1008
www.caregivercenter.org 858-268-4432
- Take Me Home Program (photo data base for persons with dementia, Alz
and more, hosted by sheriff's dept. available to all law enforcement in SD)
www.sdsheriff.net/tmh
- The Association for Frontotemporal Degeneration (AFTD helpline)..866-507-7222
Caregiver respite grants offered
www.theaftd.org
- UCSD Shiley-Marcos Alzheimer's Disease Research Center 858-822-4800
Early Stage Support Group (brief interview required)858-249-0563
Lewy Body and frontotemporal caregiver support groups
Memories at the Museums
Younger caregiver support group (under 60 yrs of age)
Individual/families interested in research studies858-822-4800
(Ask for Tracey Truscott, LCSW)
www.adrc.ucsd.edu

For further information call 619-641-4456