



dementia resources

CONTINUING CARE SERVICES

Kaiser Permanente Services

Behavioral Health Care Helpline (24 hour).....	800-900-3277
Caregiver Support Groups	619-641-4456
<i>http://continuingcare-sandiego.kp.org</i>	
Psychiatry	877-496-0450
Senior Care Management	619-641-4027

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Alzheimer’s Association (helpline 24/7)	800-272-3900
<i>www.alz.org</i>	
Safety Center	
<i>www.alz.org/care/alzheimers-dementia-safety.asp</i>	
Fact Sheets and Handouts	
<i>www.alz.org/alzheimers_disease_publications.asp</i>	
Alzheimer’s Disease Education & Referral Center (ADEAR)	800-438-4380
<i>www.nia.nih.gov/alzheimers</i>	
Alzheimer’s San Diego	858-492-4400
Early Stage Support Group (brief interview required)	858-966-3291
<i>www.alzsd.org</i>	
The Alzheimer’s Store	800-752-3238
<i>http://alzstore.com</i>	
Bright Focus Foundation	800-437-2423
<i>www.brightfocus.org</i>	

<http://continuingcare-sandiego.kp.org>



Dementia Support Groups:

Alzheimer's Association 858-492-4400
www.alz.org/sandiego

Alzheimer's San Diego 858-492-4400
www.alzsd.org/services/support-discussion-groups

George G. Glenner Alzheimer Family Centers, Inc 619-543-4704
<https://glenner.org/supportgroups>

UCSD Shiley-Marcos ADRC 858-822-4800
www.adrc.ucsd.edu

MedicAlert Foundation & Safe Return 888-572-8566
www.medicalert.org/safereturn

Out & About (Jewish Family Services) 858-637-7320
 Weekly outings for persons with dementia, call for details
www.jfssd.org/outandabout.com

Parkinson's Disease Association of San Diego 858-273-6763
www.parkinsonsassociation.org 877-737-7576

San Diego Alzheimer Project (San Diego unites for a cure & care)
www.SDalzheimersproject.org

Southern Caregivers Resource Center..... 800-827-1008
www.caregivercenter.org 858-268-4432

Take Me Home Program (photo data base for persons with dementia, Alz
 and more, hosted by sheriff's dept. available to all law enforcement in SD)
www.sdsheriff.net/tmh

The Association for Frontotemporal Degeneration (AFTD helpline).. 866-507-7222
 Caregiver respite grants offered
www.theaftd.org

UCSD Shiley-Marcos Alzheimer's Disease Research Center 858-822-4800
 Early Stage Support Group (brief interview required) 858-249-0563
 Lewy Body and frontotemporal caregiver support groups
 Memories at the Museums
 Younger caregiver support group (under 60 yrs of age)
 Individual/families interested in research studies 858-822-4800
 (Ask for Tracey Truscott, LCSW)
www.adrc.ucsd.edu

For further information call 619-641-4456