Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Kaiser Permanente Appointment Line ...................................................... 800-290-5000

ABUSE/EMERGENCY
ADULT PROTECTIVE SERVICES & COUNTY SENIOR TEAM ..................... 800-510-2020
KP ON-CALL FOR MEDICAL QUESTIONS ............................................. 888-576-6225
KP BEHAVIORAL HEALTHCARE HELPLINE ........................................ 800-900-3277
SAN DIEGO POLICE DEPARTMENT ..................................................... 619-531-2000

EMERGENCY RESPONSE SYSTEMS
LIFESTATION (KP contracted vendor) ..................................................... 855-322-5008
ALERT SAN DIEGO (KP member discount) ........................................... 866-982-5378
SENIOR EMERGENCY ALERT SYSTEM (sliding scale available) ............. 858-560-0980

FINANCIAL SERVICES
KP FINANCIAL COUNSELOR ............................................................... 619-589-4920
KP MEDICAL FINANCIAL ASSISTANCE (RECORDED) ......................... 866-399-7696
ACCESS COUNTY OF SAN DIEGO CUSTOMER SERVICE CENTER ........ 866-262-9881
CONSUMER CENTER FOR HEALTH EDUCATION AND ADVOCACY ....... 877-734-3258
MEDICARE/SOCIAL SECURITY ............................................................ 800-772-1213
SAN DIEGO COUNTY VETERANS SERVICES ...................................... 858-694-3222

FOOD, MEALS AND NUTRITION
MOM’S MEALS NOURISHCARE (KP contracted vendor) ......................... 888-860-9424

www.MomsMealsNC.com
HOME DELIVERED MEALS & NUTRITION SITES
AGING & INDEPENDENCE SERVICES .................................................... 800-510-2020
JEWISH FAMILY SERVICES (FOODMOBILE) .................................... 619-229-2390
MEALS ON WHEELS: Central – 619-295-9501 East Co. ......................... 619-447-8782
North Co. – 760-736-9900 South Co. .................................................. 619-420-2782
SHOPPING SERVICES:
ELDERHELP of San Diego ................................................................. 619-284-9281
ALWAYS BUSY ERRANDS ................................................................. 619-813-8273
VONS www.vons.com

http://continuingcare-sandiego.kp.org
HOMEMAKER/ATTENDANTS
COMFORT KEEPERS /2 HR MIN # * (KP contracted vendor) ....................... 866-450-3322
A BETTER SOLUTION # * @ - 619-585-9011 ............................................. 760-489-8253
ALL VALLEY HOME HEALTH CARE/1 HR MIN # * 619-276-8001 ................. 760-735-8899
AT YOUR HOME FAMILY CARE/2 HR MIN *# .............................................. 858-625-0406
FIRSTSTAT NURSING SERVICES # * @ 619-220-7600 .................................. 858-456-7600

# Indicates 24 Hr caregivers available; * can provide transportation; @ can do medication set ups

HOUSING
PLACEMENT ASSISTANCE SERVICES
SD CARE PLACEMENT ................................................................. 800-821-7598
SENIOR CARE REFERRAL SPECIALISTS ........................................ 800-587-4410

SHARED HOUSING
CENTER FOR SOCIAL ADVOCACY ..................................................... 800-954-0441
ELDERHELP OF SAN DIEGO – 619-284-9281 ....................................... 858-748-9675

GENERAL - HOUSING AUTHORITY (SD County) ................................ 877-478-5478
Housing and Urban Development (HUD Ombudsman) .......................... 619-578-7553
SAN DIEGO HOUSING COMMISSION (rental assistance call center) ....... 619-578-7777

LEGAL SERVICES
ELDER LAW ADVOCACY ............................................................... 858-565-1392
IMPERIAL COUNTY ........................................................................ 760-353-0223
HICAP (HEALTH INS. COUNSELING & ADVOCACY PROGRAM) ........... 800-434-0222

LAWYER REFERRAL SERVICES – 619-231-8585 ................................ 760-758-4755
LEGAL AID SOCIETY OF SAN DIEGO .................................................. 877-534-2524
SAN DIEGO VOLUNTEER LAWYER PROGRAM .................................. 619-235-5656

SPECIAL INTEREST
AGING & INDEPENDENCE SERVICES ................................................. 800-510-2020
ALZHEIMER’S SAN DIEGO .............................................................. 858-492-4400
INFOLINE OF SAN DIEGO ................................................................. "211" or 800-227-0997

MEDIC ALERT FOUNDATION .......................................................... 888-633-4298
MEDIC ALERT+ALZHEIMERS ASSOC. SAFE RETURN ...................... 888-572-8566

PARKINSON’S INFORMATION & REFERRAL .................................... 858-273-6763
SAN DIEGO CENTER FOR THE BLIND – 619-583-1542 ......................... 760-758-5956
SAN DIEGO COUNTY VETERANS SERVICES .................................. 858-694-3222
SOUTHERN CAREGIVER’S RESOURCE CENTER .............................. 800-827-1008

TRANSPORTATION
MTS ACCESS (ADA para transit services) Certification ......................... 844-299-6326
Schedule a ride .............................................................................. 888-517-9627
NCTD LIFT schedule a ride ............................................................... 760-726-1111
RideFACT (M-F 8am-5pm) ................................................................. 888-924-3228

WHEELCHAIR TRANSPORT (private pay)
SAN DIEGO MEDICAL TRANSPORT ............................................. 619-531-8900
SUPREME MEDICAL (Gurney van also available) .............................. 619-508-8560
TLC Transport .............................................................................. 619-284-7433