COMMUNITY RESOURCES - Summary

CONTINUING CARE SERVICES (619) 641-4456

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Kaiser Permanente Appt. Line (800) 290-5000

ABUSE/EMERGENCY

• ADULT PROTECTIVE SERVICES & COUNTY SENIOR TEAM – (800) 510-2020
• KP ON-CALL FOR MEDICAL QUESTIONS - (888) 576-6225
• KP BEHAVIORAL HEALTHCARE HELPLINE - (800) 900-3277
• SAN DIEGO POLICE DEPARTMENT – (619) 531-2000

http://continuingcare-sandiego.kp.org
EMERGENCY RESPONSE SYSTEMS

• ALERT SAN DIEGO (*KP member discount*)
  (866) 982-5378
• COMPANION FOR LIFE (*scholarships*)
  (800) 499-9838
• LIFESTATION (*KP pricing*)
  (855) 322-5008
• SENIOR EMERGENCY ALERT SYSTEM
  (*sliding scale available*) – (858) 560-0980

FINANCIAL SERVICES

• KP FINANCIAL COUNSELOR –
  (619) 589-4920
• KP MEDICAL FINANCIAL ASSISTANCE
  (RECORDED) - (866) 399-7696
• ACCESS COUNTY OF SAN DIEGO
  CUSTOMER SERVICE CENTER –
  (866) 262-9881
• CONSUMER CENTER FOR HEALTH
  EDUCATION AND ADVOCACY –
  (877) 734-3258
• MEDICARE/SOCIAL SECURITY –
  (800) 772-1213
FINANCIAL SERVICES CONT.
- SAN DIEGO COUNTY VETERANS SERVICES – (858) 694-3222

FOOD, MEALS AND NUTRITION
HOME DELIVERED MEALS & NUTRITION SITES
- AGING & INDEPENDENCE SERVICES – (800) 510-2020
- JEWISH FAMILY SERVICES (FOODMOBILE) – (619) 229-2390
- MEALS ON WHEELS – (800) 573-6467
- SHOPPING SERVICES
  ELDERHELP of San Diego
  (619) 284-9281
  ALWAYS BUSY ERRANDS
  (619) 813-8273
  VONS www.vons.com

HOMEMAKER/ATTENDANTS
- County In Home Supportive Services (IHSS) (800) 510-2020
- AALL CARE/4 HR MIN *- (619) 297-9601
  No County 760-471-7033
HOMEMAKER/ATTENDANTS CONT.
• A BETTER SOLUTION #@ - 619-585-9011; 760-489-8253
• ALL VALLEY HOME HEALTH CARE/1 HR MIN #* 619-276-8001; 760-735-8899
• AT YOUR HOME FAMILY CARE/2 HR MIN#* 858-625-0406
• COMFORT KEEPERS/ 2 HR MIN (ask about KP discount)# 866-450-3322
• FIRSTAT NURSING SERVICES #@ 619-220-7600, 858-456-7600
#Indicates 24 Hr Caregivers Available
* Indicates can provide transportation
@ Indicates can do medication set ups

HOUSING
• PLACEMENT ASSISTANCE SERVICES
  ALWAYS BEST CARE - 1 (619) 757-1114
  SD CARE PLACEMENT - (619) 660-8814
  (760) 735-8814
  SR. CARE REFERRAL SPECIALISTS (800-587-4410)
HOUSING Continued

• SHARED HOUSING
  CENTER FOR SOCIAL ADVOCACY
  (EAST COUNTY) (619) 444-5700
  ELDERHELP OF SAN DIEGO –
  (619) 284-9281

• GENERAL
  HOUSING AUTHORITY (SD COUNTY) –
  (858) 694-4801
  HUD - (619) 557-5305

• SAN DIEGO HOUSING COMMISSION –
  (619) 231-9400

LEGAL SERVICES

• ELDER LAW ADVOCACY –
  (858) 565-1392
  IMPERIAL COUNTY – (760) 353-0223

• HICAP (HEALTH INS. COUNSELING &
  ADVOCACY PROGRAM) - (800) 434-0222

• LAWYER REFERRAL SERVICES –
  (619) 231-8585, (760) 758-4755

• LEGAL AIDE SOCIETY OF SAN DIEGO –
  (877) 534-2524
LEGAL SERVICES CONT.
• SAN DIEGO VOLUNTEER LAWYER PROGRAM - (619) 235-5656

SPECIAL INTEREST
• AGING & INDEPENDENCE SERVICES – (800) 510-2020
  • ALZHEIMER’S SAN DIEGO – (858)-492-4400
• INFOLINE OF SAN DIEGO “211” OR (800) 227-0997
• MEDIC ALERT ID BRACELET – (888) 633-4298
• MEDIC ALERT+SAFE RETURN – (888)-572-8566
• PARKINSON’S INFORMATION & REFERRAL - (858) 273-6763
• SAN DIEGO CENTER FOR THE BLIND – (619) 583-1542, (760) 758-5956
• SAN DIEGO COUNTY VETERANS SERVICES – (858) 694-3222
SPECIAL INTEREST Cont.

- SOUTHERN CAREGIVER’S RESOURCE CENTER - (800) 827-1008

TRANSPORTATION

- MTS ACCESS (ADA para transit) CERTIFICATION – (844) 299-6326
  SCHEDULE A RIDE – (888) 517-9627
  NCTD LIFT – (760) 726-1111
- RideFACT (M-F 8am-5pm) (888) 924-3228
- WHEELCHAIR/GURNEY VAN TRANSPORT (private pay)
  SAN DIEGO MEDICAL TRANSPORT (619) 336-2780
  SUPREME MEDICAL (Gurney transport available) (619) 508-8560
  TLC TRANSPORT (619) 284-7433