



Bereavement group community resources

Kaiser Permanente Hospice

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Central San Diego

Kaiser Hospice (day adult group at Garfield Specialty Center)....	(619) 641-4100
Caring Ministry (La Jolla) – Quarterly..... www.griefshare.org	(858) 454-0713
Eagles Wings (military widow and widowers grief group).....	(619) 234-9464
Grief Share – First United Methodist Church..... www.fumcsd.org	(619) 297-4366
Jewish Family Services www.jfssd.org	(858) 637-3210
Sharp Hospice..... www.sharp.com/services/hospice/classes.cfm	(619) 667-1900
Vitas Innovative Hospice Care..... www.vitassandiego.com	(858) 499-8901

East County

Kaiser Hospice (evening adult group - La Mesa).....	(619) 641-4100
Sharp Hospice Care (several groups)..... www.sharp.com/hospice	(619) 667-1900

North County Coastal

Hospice by the Sea (Solana Beach) www.hospicebythesea.org	(858) 794-0195
Hospice of the North Coast (Carlsbad) www.hospicenorthcoast.org	(760) 431-4100
Lightbridge Hospice (Sorrento Valley) www.lightbridgehospice.org	(858) 458-2992
Scripps Memorial Hospital Encinitas	(800) 304-4430

North County Inland

Kaiser Hospice (adult morning group – San Marcos) (619) 641-4100

Elizabeth Hospice (Escondido)..... (800) 797-2050
www.elizabethhospice.org

South County

Kaiser Hospice (adult day group - Otay Mesa) (619) 641-4100

Special Interest Bereavement Groups

Lesbian & Gay Community

San Diego LGBT Community Center (619) 692-2077
www.thecentersd.org

After a Substance Abuse Passing

Grief Recovery After Substance Passing/GRASP (Temecula)... .. (714) 396-2292
www.grasphelp.org

After a Violent Loss

Center for Compassionate Care (Elizabeth Hospice) (760) 737-2050
https://elizabethhospice.org

Parents of Murdered Children, Inc

https://pomc.org/chapters/san-diego (619) 281-3972

Survivors of Suicide Loss

Numerous support groups and various locations..... (619) 482-0297
www.soslsd.org

Children/Teens/Families

Bereavement group for Parents of Children w/ Cancer..... (858) 966-7493
www.rchsd.org

Elizabeth Hospice/Camp Spero

Counseling, support groups, bereavement camp..... (760) 796-3701
www.elizabethhospice.org/grief-support/children/

Hospice of the North Coast (Carlsbad).....

(parents/children/teen groups; summer Camp Hope for families) (760) 431-4100
https://hospicenorthcoast.org

Death of a Child

Compassionate Friends..... (619) 583-1555
(parents & siblings, any age child, any type of death)
www.sdtcf.org

Empty Cradle (619) 573-6515
(death of a baby due to stillborn, miscarriage, or infant death)
www.emptycradle.org

Twins

Twinless Twins (for those who have lost a twin)
www.twinlesstwins.org