



Bereavement group community resources

Kaiser Permanente Hospice

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Central San Diego

- Caring Ministries (La Jolla) – Quarterly.....(858) 454-0713
www.griefshare.org
- Jewish Family Services.....(858) 637-3210
www.jfssd.org
- Kaiser Hospice..... (619) 641-4100
(adult groups)
- Naval Hospital Eagles Wings.....(619) 234-9464
(2 groups for military spouses or parents)
- Grief Share – First United Methodist Church (619) 297-4366
www.fumcsd.org
- Scripps Hospice (Hillcrest and Encinitas) (800) 304-4430
www.scrippshealth.org
- Vitas Innovative Hospice Care.....(858) 499-8901
www.vitassandiego.com

East County

- Kaiser Hospice (evening adult group - La Mesa clinic)..... (619) 641-4100
- Sharp Hospice Care (La Mesa--many groups)..... (619) 667-1900
www.sharp.com/hospice

North County Coastal

- Hospice by the Sea (Solana Beach).....(858) 794-0195
www.hospicebythesea.org
- Hospice of the North Coast (Carlsbad)..... (760) 431-4100
<https://hospicenorthcoast.org>

North County Coastal continued

Lightbridge Hospice (Sorrento Valley)..... (858) 458-2992
www.lightbridgehospice.org

Scripps Memorial Hospital Encinitas (800) 304-4430

Solana Beach Presbyterian Church..... (858) 509-2580

North County Inland

Elizabeth Hospice (Escondido)..... (800) 797-2050
www.elizabethhospice.org (760) 737-2050

Kaiser Hospice (adult day group – San Marcos Clinic) (619) 641-4100

South County

Kaiser Hospice (adult day group - Otay Mesa Clinic) (619) 641-4100

Special Interest Bereavement Groups

Parent Loss Group

Remembering Our Parents, Sharp Hospice Care(619) 667-1933
www.sharp.com/hospice

After a Substance Abuse Passing

Grief Recovery After Substance Passing/GRASP..... (619) 793-8958
www.grasphelp.org

After a Violent Loss

Center for Compassionate Care (Elizabeth Hospice)(760) 737-2050
https://elizabethhospice.org

Parents of Murdered Children, Inc

(619) 281-3972
www.pomc.org/sandiego_chapter/index.htm

Children/Teens/Families

Hospice of the North Coast (Carlsbad)..... (760) 431-4100
(parents/children/teen groups; summer camp for families – CAMP HOPE)
https://hospicenorthcoast.org

Kites of Hope Group: Bereaved Parents of Children w/Cancer..... (858) 966-7493
www.rchsd.org

Family and Friends of Suicide Victims

Survivors of Suicide Loss of San Diego..... (619) 482-0297
(several support group locations in San Diego County)
www.sosltd.org

Lesbian & Gay Community

San Diego LGBT Community Center..... (619) 692-2077
www.thecentersd.org

Children/Teens/Families continued

People Who Have Had a Child Die

Compassionate Friends.....(619) 583-1555
 (parents & siblings, any age child, any type of death)
www.sdtcf.org

Empty Cradle.....(619) 595-3887
 (death of a baby due to stillborn, miscarriage, or infant death)
www.emptycradle.org

Twins

Twinless Twins (for those who have lost a twin)..... (619) 291-3931
www.twinlesstwins.org

Internet

<u>Web Address</u>	<u>Resource</u>
http://www.bereavementmag.com	Living with Loss Magazine
http://www.bereavedparentsusa.org	Bereaved Parents of the USA
http://www.griefnet.org	GriefNet.org 50 E-mail support groups
http://www.griefsong.com	Griefsong Healing the Loss w/ Paul Alexander, Music & Bereavement Resources
http://www.missfoundation.org	M.I.S.S. Foundation for a child's death
http://www.svlp.org	Survivors of Violent Loss online support service
http://www.webhealing.com	Interactive grief web site/discussion groups
http://www.widowswearestilettos.com	Widows Wear Stilettos practical/emotional guidance for younger widows

PLEASE NOTE: Fee information frequently changes. There may be fees where no information is listed regarding fees. Please ask about fees when phoning these resources for information.