



Bereavement group community resources

Kaiser Permanente Hospice

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Central San Diego

- Caring Ministries (La Jolla) – Quarterly.....(858) 454-0713
www.griefshare.org
- Jewish Family Services.....(858) 637-3210
www.jfssd.org
- Kaiser Hospice..... (619) 641-4100
(adult groups)
- Naval Hospital Eagles Wings.....(619) 234-9464
(2 groups for military spouses or parents)
- Grief Share – First United Methodist Church (619) 297-4366
www.fumcsd.org
- Scripps Hospice (Hillcrest and Encinitas) (800) 304-4430
www.scrippshealth.org
- Vitas Innovative Hospice Care.....(858) 499-8901
www.vitassandiego.com

East County

- Kaiser Hospice (evening adult group - La Mesa clinic)..... (619) 641-4100
- Sharp Hospice Care (La Mesa--many groups)..... (619) 667-1900
www.sharp.com/hospice

North County Coastal

- Hospice by the Sea (Solana Beach).....(858) 794-0195
www.hospicebythesea.org
- Hospice of the North Coast (Carlsbad)..... (760) 431-4100
<https://hospicenorthcoast.org>

North County Coastal continued

- Lightbridge Hospice (Sorrento Valley)..... (858) 458-2992
www.lightbridgehospice.org
- Scripps Memorial Hospital Encinitas (800) 304-4430
- Solana Beach Presbyterian Church..... (858) 509-2580

North County Inland

- Elizabeth Hospice (Escondido)..... (800) 797-2050
www.elizabethhospice.org (760) 737-2050
- Kaiser Hospice (adult day group – San Marcos Clinic) (619) 641-4100

South County

- Kaiser Hospice (adult day group - Otay Mesa Clinic) (619) 641-4100

Special Interest Bereavement Groups

Parent Loss Group

- Remembering Our Parents, Sharp Hospice Care (619) 667-1933
www.sharp.com/hospice

After a Substance Abuse Passing

- Grief Recovery After Substance Passing/GRASP..... (619) 793-8958
www.grasphelp.org

After a Violent Loss

- Center for Compassionate Care (Elizabeth Hospice) (760) 737-2050
https://elizabethhospice.org

- Parents of Murdered Children, Inc** (619) 281-3972
www.pomc.org/sandiego_chapter/index.htm

Children/Teens/Families

- Hospice of the North Coast** (Carlsbad)..... (760) 431-4100
(parents/children/teen groups; summer camp for families – CAMP HOPE)
https://hospicenorthcoast.org

- Kites of Hope Group:** Bereaved Parents of Children w/Cancer..... (858) 966-7493
www.rchsd.org

Family and Friends of Suicide Victims

- Survivors of Suicide Loss of San Diego..... (619) 482-0297
(several support group locations in San Diego County)
www.soslsd.org

Lesbian & Gay Community

- San Diego LGBT Community Center..... (619) 692-2077
www.thecentersd.org

Children/Teens/Families continued

People Who Have Had a Child Die

Compassionate Friends.....(619) 583-1555
 (parents & siblings, any age child, any type of death)
www.sdtcf.org

Empty Cradle.....(619) 595-3887
 (death of a baby due to stillborn, miscarriage, or infant death)
www.emptycradle.org

Twins

Twinless Twins (for those who have lost a twin)..... (619) 291-3931
www.twinlesstwins.org

Internet

<u>Web Address</u>	<u>Resource</u>
http://www.bereavementmag.com	Living with Loss Magazine
http://www.bereavedparentsusa.org	Bereaved Parents of the USA
http://www.griefnet.org	GriefNet.org 50 E-mail support groups
http://www.griefsong.com	Griefsong Healing the Loss w/ Paul Alexander, Music & Bereavement Resources
http://www.missfoundation.org	M.I.S.S. Foundation for a child's death
http://www.svlp.org	Survivors of Violent Loss online support service
http://www.webhealing.com	Interactive grief web site/discussion groups
http://www.widowswearestilettos.com	Widows Wear Stilettos practical/emotional guidance for younger widows

PLEASE NOTE: Fee information frequently changes. There may be fees where no information is listed regarding fees. Please ask about fees when phoning these resources for information.