

# Bereavement Support Groups

HOSPICE & PALLIATIVE CARE



Bereavement Support Groups are free and open to all Kaiser Permanente members and the community. No appointment is necessary, simply show up at the location and time for the group you wish to attend.

For additional information, please call (619) 641-4100.

Please join us on one of the following dates:

<b>San Diego Daytime Bereavement Group</b>	10am - 11:30am	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays	Kaiser Permanente Garfield Medical Offices 5893 Copley Drive San Diego, CA 92111	3 <sup>rd</sup> Floor, "Desert Room" Contact: Jim Carter, M.Div.
<b>San Diego Evening Bereavement Group</b>	5:30pm - 7:00pm	2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays	Kaiser Permanente La Mesa Medical Offices 8080 Parkway Dr. La Mesa, CA 91942	Classroom B Contact: Jim Carter, M.Div.
<b>North County Bereavement Group</b>	10am - 11:30am	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays	Kaiser Permanente San Marcos Medical Offices 400 Craven Road San Marcos, 92069	Building 3 2 <sup>nd</sup> Floor, Room D Contact: Alexis Pearce, M.A.
<b>South County Bereavement Group</b>	1pm – 2:30pm	1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays	Kaiser Permanente Otay Mesa Medical Offices 4660 Palm Avenue San Diego, CA 92154	Building 4, Room 144 (Conference Room 3) Contact: Jim Carter, M.Div.

